

"Your Hometown Newspaper"

Volume XXIII Number 45

November 9, 2000

Election Day Faces...





ROBINSON PARK SCHOOL PTO MEMBERS (behind table, from left) Kathy Watkins, Suzanne Maynard, and Kelle Morello helped with an Election Day Bake Sale and assist Susan Daubitz (mom) and daughter, Caroline. IN RIGHT PHOTO: Eddie Bovat, an election constable at the Robinson Park Elementary School polling area, chats with Agawam Town Councilor John Negrucci. Advertiser News photos by Kathy Shepard.





POLL WORKERS AT THE VERY BUSY ROBINSON PARK Polling Area included (from left) Lorraine Labun, Tisha Pisano, and Betty Grady. IN RIGHT PHOTO: Checking out the voter lists at the Agawam Middle School polling area on Election Day are poll workers Joe Guy and Rita Moore. Advertiser News photos by Kathy Shepard.

Agawam St. Patrick's Day Comm. Meets

The Agawam St. Patrick's Day Committee held its second meeting on October 18th in the Faolin Peirce Community Room. Having doubled its number, the Committee created subcommittees to work on fundraising, float design, public relations, a colleen contest, and a newsletter.

The second meeting also saw the nomination and election of several officers. Bob Magovern and Angela Phillips have been elected Committee cochairs; Paul Kelley was elected secretary; and Mary Broadhurst was elected treasurer.

Committee chairs elected at the meeting were Lowell McLane, fundraising; Joe Fitzpatrick, float committee; and Owen Broadhurst, publicity.

Members of the committee are pleased to inform the public that they have also met with representatives from Six Flags to coordinate Six Flags' participation in the St. Patrick's Parade. Six Flags has volunteered the use of its facility to build floats representing Agawam in the parade.

The Committee has called for a third meeting and hopes to double its number again. The Committee will meet on Thursday, November 9th, at 7:00 p.m. at the American Legion Hall, 478 Springfield Street, Feeding Hills. Members of the Committee stress again that all are welcome, and that they could use all possible help from anyone in town.

For more details, please e-mail Owen Broadhurst at thersites 2467@hotmail.com or phone Bob Magovern at 786-0244.

Congratulating New American Citizen



VLADIMER LOYUK OF AGAWAM (center) recently became a U.S. citizen and then immediately went to the Agawam Town Hall to register to vote. Vladimer has lived in Agawam for the past six years with his wife, and the couple recently had their first child, Max. Vladimire is a systems analyst at Mass. Mutual in Springfield and Agawam Town Council Vice-President Robert Young (left) is his supervisor. Welcoming Vladimer to the Agawam Town hall were Young, Town Clerk Richard Therous (second from left) and Mayor Richard A. Cohen (right). Advertiser News photo by Kathy Shepard.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, letters, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter ... ADVERTISER NEWS!!!



1360 Springfield Street Feeding Hills Center

786-8471

Prices Effective Thru 11/30/00

Let's Talk "Turkey" ... You'll Love Our Prices For The Thanksgiving Holiday!!!



NOVEMBER WINE SPECIALS

Franzia (1.5 Ltr.)

Chablis, Rhine Burgundy, Chianti, Blush, Chillable Red, White Grenache.

\$7.49

Chardonnay, White Zinfandel, Merlot, Cabemet Savignon

\$10.99

Robert Mondavi Woodbridge

(1.5 Ltr.) Merlot, Cabernet, Chardonnay

\$11.99

White Zinfandel \$8.99

Foxhorn Vineyards (1.5 Ltr.)

Chardonnay, Cabemet, Merlot \$5.99

White Zinfandel

\$4.99

Kendall Jackson Vintner's Reserve (750 ml.)

Chardonnay - \$9.99 Savignon Blanc - \$8.99

Johannisberg Riesling - \$8.99 Cabernet Savignon - \$13.99

Merlot - \$13.99

Delicato

(1.5 Ltr.) Chardonnay, Cabernet. Merlot

\$7.99

Gallo

(1.5 Ltr.) Chardonnay, Merlot, Cabernet, Cafe Zinfandel, Hearty Burgundy

Jacob's Creek

(750 ml.) Chardonnay

\$6.49

Merlot, Cabernet \$6.99

Moet Et **Chandon White** Star Champagne

(750 ml.)

Stoek Sweet, Dry Vermouth

(1.5 Ltr.)

Hoque **Johannisburg** Riesling (750 ml.)

\$6.99

Presidential Porto

(750 ml.) Ruby (Non-Vintage), Tawny (Non-Vintage)

NOVEMBER LIQUOR SPECIALS

Johnny Walker Red Scotch (1.75 Ltr.)

Bacardi Rum

(1.75 Ltr.)

Grey Goose (750 ml.)

Captain Morgan Spiced Rum

(1.75 Ltr.)

Kahlua

(200 ml. - 4 Pk.)

Dewars (1.75 Ltr.)

Romana Sambuca

(750 ml.)

Absolut Vodka

(1.75 Ltr.)

Canadian Club (1.75 Ltr.)

\$17.99

Beefeater's

Gin (1.75 Ltr.)

Seagram's 7 (1.75 Ltr.)

\$15.99

Bailey's (750 ml.)

NOVEMBER BEER SPECIALS

Coors & Coors Light (30-Pk. Cans)

\$16.99

O'Doul's (Case - Btls. Or Cans) \$12.99

Killian's Irish Red (12-Pk. Btls.)

\$9.99

Busch & Busch Light (X Port) (Bar Btls.) **\$9**.99

Moosehead (12-Pk. Btls.)

\$8.99 Michelob &

Michelob Light (12-Pk. Btls.) \$8.99

Miller Genuine Draft (Reg. & Light) (Bar Btls.)

\$10.99 Harpoon

(All Flavors) (12-Pk. Btls.) \$10.99 Rolling Rock (12-Pk. Btls.)

\$7.99

Red Hook (12-Pk. Btls.)

\$9.99

LaBatt's (Blue Ice / Light) (12-Pk. Btls.)

\$8.99 Sam Adams

(Loose Case) \$19.99



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1360 SPFLD. ST. FEEDING HILLS 786-8471

MR. PHIPPS 111 NO. ELM WESTFIELD

568-8343

MRS. PHIPPS RTE. 20 WESTFIELD 568-4377

We Now Have Full **Lottery Services**

NOT RESPONSIBLE **FOR TYPOS**



Letters To The Editor

Knights Of Columbus Thanks Businesses For Their Support To The Editor:

The Agawam Knights of Columbus would like to thank the following businesses for the door prizes donated for our ziti supper on October 19th. They were greatly appreciated.

Springfield Falcons (Wayne LaChance); Six Flags New England; Valenti's Restaurant; Take 5 Restaurant; Tavern Restaurant - Springfield; Sarat Ford; V&F Auto Service; China Star Restaurant; Agawam Spirit Shop; Ratcliffe Locksmith; The Hobby Shop; Agawam Barber Shop; Agawam Golf & Grill; Gift Shops & Craft Stores (located at JRS Flea Market); Stan & Tony's Dollar Store; Lilly's Gifts; Luxury Gifts; and Almar Enterprises.

Please patronize these businesses for their generous support.

Thank you, K of C Council #5585 Ralph Minie, Grand Knight Gerry Parent, Chairman

Agawam Middle School Has Special Visitors

To The Editor:

On Tuesday, October 31st, Mayor Richard A. Cohen, Councilor Joseph Mineo, and School Committee member Susan Dawson took time from their busy schedules to visit my sixth-grade social studies students. Prior to their visit, the students had been studying the Democratic process, tying in with the upcoming Presidential election.

After explaining the branches of national, state, and local government, the panel fielded questions from the students. A variety of issues were discussed, including social security, school lunches, Six Flags, and a skateboard park.

* The panel was very approachable and understanding of the students' concerns. Once again, we thank them for volunteering to spend time with us.

Sincerely,

Mrs. J. Rousseau & students

LEGAL NOTICE LEGAL NOTICE
TOWN OF AGAWAM
AGAWAM PLANNING BOARD

The Agawam Planning Board will hold a public hearing on Thursday, November 16, 2000 at 7:00 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing will be to hear the petition of Robert Bolduc, Pride Convenience, Inc. for a Repetition to the Agawam Board of Appeals.

By Order of Charles R. Calabrese, Chairman Agawam Planning Board Published: November 9, 2000

The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m.

Pumpkin Giveaway At Carlson GMAC Real Estate In Feeding Hills Center



STAFF MEMBERS OF THE CARLSON GMAC REAL ESTATE OFFICE in Feeding Hills Center gave away pumpkins on Saturday, October 21st to the kids, just in time for Halloween. Back row (from left) - Terry Beauvais, Liz O'Neit, Eileen Fowler, Pam Savioli, Jan Szemela, Jeanne Garvin, Carl McKenzie, Susan Truschelli, Diane Kapinos, and Nancy Zdanis. Front row - Olivia Beauvais, Amanda Berry, Lauren McKenzie, Claire McKenzie, Anne Berry, Julie Beauvais, and Jenna Beauvais. Advertiser News photo by Kathy Shepard.

Agawam Town Council Phone Numbers

Robert A. Magovern, President 144 Birch Hill Road Agawam, MA 01001 (413) 789-0171

Robert M. Young, Vice-President 216 South Westfield Street Feeding Hills, MA 01030 (413) 786-8995

> George Bitzas 33 Fernwood Drive Agawam, MA 01001 (413) 789-1464

Anthony C. Bonavita 683 Cooper Street Agawam, MA 01001 (413) 786-2079

Gina M. Letellier 150 Maple Street Agawam, MA 01001 (413) 786-4723

Joseph Mineo 30 Kathy Terrace Feeding Hills, MA 01030 (413) 789-4356

Richard C. Morassi 206 Maynard Street Feeding Hills, MA 01030 (413) 786-0207

John J. Negrucci 35 Hayes Avenue Feeding Hills, MA 01030 (413) 789-2887

Dennis J. Perry 165 Cambridge Street Feeding Hills, MA 01030 (413) 786-1238

Robert E. Rossi 44 Colemore Street Feeding Hills, MA 01030 (413) 786-3896

Jill P. Simpson 24 Pleasant Valley Road Feeding Hills, MA 01030 (413) 786-0053

Please remember to patronize your local businesses ... ADVERTISER NEWS!!!



The Agawam Advertiser News

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786-8137

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Fleet Bank Branches Donate \$2,000 To Skateboard Park

Funding Part Of "Banking On Our Youth" Community Grant Program

The Agawam and Feeding Hills branches of Fleet Bank have presented \$2,000 to the Town of Agawam for the construction of a skateboard park.

This award is part of the bank's "Banking on our Youth" initiative to demonstrate Fleet's commitment to the development of young people in their local communities.

This fall, Fleet Bank branches throughout Massachusetts will award grants up to \$1,000 to local organizations committed to youth education, recreation, and mentoring. These grants support Fleet's corporate philanthropy program, which emphasizes a healthy start and continued development of all children as main funding priorities.

"The staff at the Agawam and Feeding Hills branches are delighted to provide funding to the skateboard park in Agawam," said Janice Hills, Branch Manager, Fleet Bank of Agawam. She added, "Helping community groups that invest in youth by supporting programs that focus on the healthy development of children of all ages is important to Fleet."

"We are thankful to Fleet for the recent donation. The funding will take the Town of Agawam one step closer to the construction of a new skateboard park to be located at Shea Field," said Mayor Richard A. Cohen.

FleetBoston Financial is the eighth-largest financial holding company in the United States. A \$181 billion diversified financial services company, it offers a comprehensive array of innovative financial solutions to 20 million customers in more than 20 countries and territories.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice prior to your event. Thank you for your cooperation in this matter...



REPRESENTATIVES OF FLEET BANK, with a branch located in Agawam next to the former Agawam Food Mart, presented Mayor Richard A. Cohen (left) and Park & Recreation Director Christopher Sparks with a substantial donation to be used for the planned Skateboard Park. Advertiser News photo by Kathy Shepard.

Among the company's key lines of business are: retail banking, with over 1,250 branches and 3,400 ATMs in the Northeast; commercial banking, including capital markets/investment banking and commercial finance; and investment services, including discount brokerage and full-service banking through more than 250 offices in Latin America.

FleetBoston Financial is headquartered in Boston and listed on the New York Stock Exchange (NYSE:FBF) and the Boston Stock Exchange (BSE:FBF).

FireWise...

by Fire Chief David Pisano
Be Smart ... Plan Now For
A Worry-Free Winter

As the temperatures drop, the number of residential fires goes up. The Agawam Fire Department wants you to have a worry-free winter by taking the following precautions:

Before the home heating season begins, have a qualified serviceman inspect your furnace and change the filters. Make sure that all papers, trash, and flammable liquids are kept away from the furnace area.

If you have a fireplace or wood stove that you use for home heating, make sure it's cleaned and inspected by a qualified chimney sweep. Burn only dry, wellseasoned hard woods such as oak, hickory and maple. Avoid wood that is green and moist.

When using your fireplace, make sure the opening is covered with a metal screen or glass doors, and never leave a fire unattended. A wood stove should have a minimum clearance of 36 inches between the stove and combustible walls and ceilings.

Flammable liquids should never be used to start or accelerate any fire. Place ashes in a metal container and store outside away from the house. Portable space heaters, electric or kerosene, also need special attention. Make sure there is a minimum of 36 inches of clearance on all sides of these heaters. Small children should not be left unattended in a room with a portable heater.

Follow the manufacturer's suggestions for proper operation and maintenance. Keep kerosene stored in approved metal containers in a well-ventilated area outside the house, and never attempt to refuel a heater while it's operating or hot. Frozen water pipes? Never try to thaw them with a torch or other open flame. Use hot water or a UL-labeled device for thawing.

Assist the fire department by keeping fire hydrants near your home clear of snow, so in the event of a fire, the hydrant can be easily located. Make sure there are operating smoke detectors on each level of your home. Your family should have and practice a home fire escape plan.

Contact the Agawam Fire Department at 786-2662 if you have any questions.



- Agawam Obituaries -



JEANNETTE S. BARRY

Jeannette S. Barry, 83, a former resident of Feeding Hills, died on Sunday, November 5th, at The Verandas at Riverfront in Bradenton, FL.

She was born in Palmer and lived in Springfield until moving to Feeding Hills in 1955.

She was a graduate of William and Mary College in Virginia, and was a special education teacher in the Springfield School System. She was also a member of the Retired Teachers Association. For many years, she was also an arts and crafts teacher for the Parks and Recreation Departments in Springfield and in Agawam.

A member of the U.S. Marine Corps, she served in the Pacific Theater during World War II.

In 1984, she moved from Washington, NC, to the Terra Siesta Mobile Home Park in Ellenton, FL, where she lived until two years ago, when declining health necessitated her moving to The Verandas (an assisted living home).

She is survived by her sister and brother-in-law, Anita & Tino Davilli of Feeding Hills, and several "very special nieces and nephews." Besides her immediate family, she leaves her very "special friends," Richard and Mary Huffman, as well as many other special friends at Terra Siesta and The Verandas at Riverfront.

Burial will be at the St. Francis Cabrini Gardens in Parrish, FL (at a date to be announced in the future). Contributions may be made in her name to the church in Parrish, or to a charity of one's choice.

FLOYD G. CARRUTHERS

Floyd G. Carruthers, 87, of 51 Warfield Drive, Westfield, died recently at the Holyoke Soldiers' Home.

He worked for LOMAC Equipment Co. of West Springfield for seven years and retired in 1975. He was previously a 25-year district manager for John Deere Co. After retirement, he worked for 10 years at the Riverside Amusement Park (now Six Flags New England) in Agawam.

Born in Troy, lowa, he lived in Agawam for many years before moving to Westfield in 1987.

He was an Army Air Forces veteran of World War II and a member of the Agawam Congregational Church and West Springfield-Agawam Elks Lodge 2174.

He leaves his wife, the former Alice L. Morrell; a son, Gary L. of Maui, Hawaii; two daughters, Constance L. Derby of Springfield, Missouri, and Karen S. Knox of Agawam; five grandchildren; and five great-grandchildren.

A military burial will be scheduled in the Massachusetts Veterans' Memorial Cemetery in Agawam. There were no calling hours, and Agawam Funeral Home was in charge of the arrangements.

Memorial contributions may be made to the Soldiers' Home, 110 Cherry Street, Holyoke, MA 01040.

PENNY DESAUTELS

Penny (Spear) Desautels, 60, of Westfield, died recently at a local nursing home.

She was a residential counselor at the state Center

for Human Development for 10 years. She was previously a hairdresser for many years and owned and operated Penny's Parlor of Beauty in Agawam during the 1970's and 1980's.

Born in Springfield, she was raised in Agawam and lived in Westfield since 1958. She graduated from Westfield High School and was a member of the Agawam Baptist Church.

She leaves a son, Raymond A. of West Springfield; a daughter, Toni Clark of Gillette, Wyoming; her parents, Raymond E. and Muriel (Mathison) Spear of Westfield; a sister, Cindy Woofter of Laurel, Maryland; and four grandchildren.

A memorial service will be held on Saturday morning, November 11th, at Colonial-Forastiere Funeral Home of Agawam, with a private burial. There were no calling hours.

Memorial contributions may be made to the Shriners Hospital for Children, 516 Carew Street, Springfield, MA 01104, or the American Cancer Society, 31 Capital Drive, West Springfield, MA 01089.

JOSEPH P. MUNLEY, SR.

Joseph P. Munley, Sr., 68, of 16 Hamilton Circle, Feeding Hills, died recently at home.

Born in Scranton, PA, he grew up in Cumberland, RI, before moving to Feeding Hills in 1985.

He was a 1950 graduate of Central Falls High School in Central Falls, RI, and received his bachelor's degree in zoology from the University of Rhode Island.

He was employed by the Upjohn Company for 32 years and retired as a medical science liaison in 1993. He was a Navy corpsman during the Korean War.

He was a communicant of Sacred Heart Church in Feeding Hills for 35 years, and served as a coach and commissioner of the Sacred Heart Athletic Association for many years.

He was a member of the Knights of Columbus, Unity Council #2212, where he actively participated in the golf and cribbage leagues and served as chairman for the children's Christmas parties.

He was a member of the Agawam Country Club and, after his retirement, worked in their pro shop and served as starter.

He leaves his wife of 27 years, the former Louise I. Authier Talbot; 10 sons, Brian Talbot of Shelton, CT, Joseph P. Munley, Jr. of Worcester, Lawrence G. Talbot of Coventry, CT, Thomas P. Munley of Middletown, DE, Christopher J. Munley of Wilmington, DE, Timothy P. Munley of Southwick, Daniel J. Munley of Boston, Paul A. Talbot of Southwick, Kevin B. Munley of Newark, DE, and Steven E. Munley of Shrewsbury; a daughter, Sylvia A. Plummer of Enfield, CT; a brother, Peter Munley of Rehoboth, MA; three sisters, Ellen Long of South Attleboro, MA, and Mary Lamontagne and Elizabeth Fayan, both of Cumberland, RI; and 13 grandchildren.

The funeral was held at the Agawam Funeral Home, 184 Main Street, with a Mass in Sacred Heart Church. Burial was in Springfield Street Cemetery.

Donations may be made to the Visiting Nurse & Hospice of Western New England, 50 Maple Street, Box 9058, Springfield, MA 01102-9058.

RICHARD W. MURPHY

Richard W. Murphy, 89, of Main Street, Agawam, died recently at Baystate Medical Center in

Springfield.

He was a certified public accountant in New York City and Philadelphia and retired in 1983.

Born in Springfield, he lived in Naples, Florida, and moved to Agawam this year.

He was a graduate of Commerce High School in Springfield and received a bachelor's degree in accounting from the University of Pennsylvania in 1933

He served in the Army for five years.

He leaves a brother-in-law, M. Frank Walsh of Agawam; a sister-in-law, Marie Murphy of Springfield; and eight nieces and nephews.

The funeral was held at Corridan Funeral Home of Chicopee and St. Mary's Church in East Springfield, with burial in Gate of Heaven Cemetery, Springfield.

Memorial contributions may be made to the Visiting Nurse Association-Hospice of Western New England, 50 Maple Street, P.O. Box 9058, Springfield, MA 01102-9058.

LOUIS V. SCHERPA

Louis V. Scherpa, 87, of 6 Althea Circle, Agawam, a civic leader, died recently at Baystate Medical Center in Springfield.

He received the Honored Citizen's Award from the Town Council in 1985, the UNICO Man of the Year Award in 1989, the Council on Aging's Andrew Gallano Award in 1991, and a plaque from Golden Age Chapter 2.

He was the 33-year owner of Scherpa's Service Station on Walnut Street and retired in 1977. He also worked at the Springfield Armory during World War II.

Born in Agawam, he was a lifelong resident, attended Agawam High School, and graduated from the former Trade High School in Springfield.

He was a communicant of St. Anthony of Padua Church, and was a member of the parish council and Holy Name Society.

He belonged to the city's Golden Age chapters and was president of both for three years. He was a member of the UNICO Club, the Agawam-West Springfield Elks Lodge, the Victor Emmanuel Society, the Nocturnal Adoration Society, and the Stigmatine Scholarship Committee.

He was a charter member of the John F. Kennedy Council of the Knights of Columbus and a three-year member of the Council on Aging.

He was a member of the Agawam High School Band Parents and served as president for several years. He also started its first newspaper drive.

He was active in the Parent-Teacher Association and was president of the Plainfield School PTA in Springfield and the Danahy School PTA in Agawam.

Active in Scouting for 20 years, he led an Explorer Scout group.

His wife, the former Louise I. Cottini, died in 1998.

He leaves three sons, Louis V. Jr. and William J., both of Feeding Hills, and John W. of Westfield; a sister, Edith Bongiovanni of Agawam; and six grandchildren.

The funeral was held at Colonial-Forastiere Funeral Home and the church, with burial in Springfield Street Cemetery.

Memorial contributions may be made to the church at 103 Bridge Street, Agawam, MA 01001.

The Donna M. Harlow Memorial Scholarship Fund

C/O Westbank 1340 Springfield Street Feeding Hills, Ma. 01030

Additions To The Staff Of State Veterans' Cemetery

Robert C. McKean, Director of Cemeteries for the Commonwealth of Massachusetts Department of Veterans' Services, has announced that Karen M. Pasko of Springfield is joining the State Veterans' Memorial Cemetery in Agawam as Administrative Secretary. Her duties will include performing and coordinating secretarial and clerical activities for the Cemetery along with assisting the Director and the General Manager, Gary L. Winn.

Ms. Pasko comes to the Department from the Western New England College School of Law Library, where she was employed for 13 years. She has an Associate in Science in Legal Office Administration from Springfield Technical Community College, and a Bachelor of Science in Business Administration from Western New England College.

Also joining the cemetery staff is Kenneth Pietras as Maintenance Working Foreman. Pietras comes to the State Veterans' Memorial Cemetery from Westover Air Reserve Base in Chicopee, where he was employed for more than 16 years in various supervisory automotive mechanical capacities.

Pietras will be supervising the groundskeepers and all field activities. He will also have full responsibility for all interment, ground, and building maintenance in addition to the maintenance of the complete inventory of cemetery vehicles and equipment.

The Department will complete the hiring of the groundskeeper staff by the end of the year. Three part-time positions will also be available beginning in the spring of next year. For questions and or any further information, please contact Robert C. McKean at (617) 727-3578, ext. 108, or Hazel Pryce, Program Administrator, ext. 100.

Cruising Along At Southgate Plaza



THE VALLEY CRUISERS, who bring their antique cars to the Southgate Shopping Plaza (next to McDonald's) every Friday night through the summer and early fall, recently named the Springfield Shriners Hospital as one of their many charitable causes. Participating in the check presentation to the Shriners on October 20th are (from left) Allen Curran, Tommy Splaine (Shriners Hospital), Ed Gelinas (chief rabban accepting the check for the Shriners), John Jasinski ("Homer the Clown" from Shriners), John Cleveland (president of the Cruisers), Jack Gelgut, Bonnie Cleveland, and Jamie Rivera. Advertiser News photo by Kathy Shepard.

Please remember to patronize your local businesses ... ADVERTISER NEWS!!!





AN ARCHITECTURAL DRAWING OF the National World War II Memorial, Washington, D.C. Colonial Forastiere Funeral Home is sponsoring a Balloon Release, part of a nationwide effort to raise money for the memorial, to take place during the Town of Agawam's Veterans' Day ceremonies commencing Sat., Nov. 11th on the Veterans' Green at Benjamin Phelps School.

Forastiere Funeral Home To Lead Balloon Release On Veterans' Day

Red, white, and blue balloons will be released over Agawam on November 11th as part of Agawam's Veterans' Day Ceremony that will begin at 10:45 a.m. at Phelps School on School Street. The balloon release represents a nationwide effort by the National Funeral Directors Association and the Colonial Forastiere Funeral Home to raise money for the WWII Memorial to be built in Washington, D.C.

The campaign, called "Celebration of Freedom," will involve the release of specially designed, EPA-approved, biogradable balloons. The program is being coordinated by Loren and Mathew Forastiere of the Colonial Forastiere Funeral Home, Veterans' Agent Ed Kellogg, and the Agawam Veterans' Council.

Red, white, and blue balloons will be released over awam on November 11th as part of Agawam's beterans' Day Ceremony that will begin at 10:45 a.m.

Phelos School on School Street. The balloon National World War II Memorial.

A contribution of \$10 or more sponsors a balloon to be released in the name of a WWII veteran or homefront worker. Come and join in the Balloon Release and celebrate the memorial.

Any individuals or organizations interested in making a contribution can pick up donation envelopes at the Colonial Forastiere Funeral Home, Town Veterans' Dept., VFW and American Legion posts, or call Loren or Mathew Forastiere at 786-2600.

The Memorial will feature a "Registry of

Remembrances" database that will include names in three categories; (1) those who gave their lives; (2) those who served in uniform; (3) those who supported the war effort from the homefront.

In 1973, a fire in the St. Lewis War Records Archives destroyed most of the WWII veterans' records. The Colonial Forastiere Funeral Home has been collecting names over the last nine months to be registered at the Memorial. The firm has also made donations in memory of veterans who have had their funeral services at the funeral home since 1999.

For more information on the Veterans' Day Ceremonies, call Ed Kellogg at the Town Veterans' Services Dept. or Loren and Mathew Forastiere.

Public Meeting Slated By Parks & Rec. Dept.

The Town of Agawam Parks & Recreation Department will hold a public meeting at the Agawam Senior Center, 68 Meadowbrook Manor, Agawam, on Wednesday, November 15th, at 7:00 p.m.

The Parks & Recreation Department and The Berkshire Design Group of Northampton will be presenting potential plans for the development of the property located on School Street and River Road in the Town of Agawam.

For all the hometown news, you turn our pages each and every week ... AAN!!!

Real Estate Closings

David A. Ladizki Attorney At Law



46 Suffield Street Agawam, MA 01001 (413) 786-9000 If you visit the Advertiser News' new office at 23 Southwick Street, Feeding Hills (above Remillard Insurance), please note that our main entrance is in the back. Please park on the side of the building and use the back entrance. Thank you...

Rejean J. Remillard Insurance Agency

Auto * Home * Life * Workers Comp.* Liability * IRA's

Conveniently Located in Feeding Hills Center

"Where Good Drivers Receive Valuable Discounts Without Group Hassles"

Your Local Family Owned And Operated Agency Since 1970



23 Southwick Street Feeding Hills, MA



Open Monday-Friday 8:30am to 5:00pm Saturday 9:00am to Noon

(413) 789-3070

Bike Path Design Re-Submitted To State For Bids

by Hope E. Murray Municipal Writer

The proposed Agawam bike path 100 percent design plan has been re-submitted to the state for bid.

The plan was approved in 1998 but did not receive bids at that time.

Agawam Director of Planning Debbie Dachos said the state has asked for a re-submission in anticipation of bids. "It's resurfaced again," Dachos said. "That's important. It's on the list of projects to be put out to bid this year."

The multi-use trail idea began more than two decades ago back in 1976.

"It's been almost 25 years since the idea was initiated," Dachos said. "I'd love to see the first shovel in the ground."

The bike path was included in a study of the Connecticut River by the Pioneer Valley Planning Commission in 1996. One of the recommendations of the study was that there should be trails along the river in Agawam, Springfield, West Springfield, and Chicopee, Dachos said. Springfield began building its trail last year.

Agawam's path would be along River Road and is being designed by the Vanasse, Hangen and Brustlin (VHB) firm, which has offices in Springfield and Watertown. According to VHB's Brian Pendleton, the design will be complete next spring and construction could start as soon as the end of next year.

"Hopefully it will be completed by the end of 2002," Pendleton said.

The path will be a 1.7-mile stretch of pavement, with some stonedust areas for walking. The trail will be accessible to bikers, walkers, and rollerbladers.

"It's an excellent project," Dachos said. "There's a lot of support in the River Road section of town; the residents have been waiting for this for a while."

For all the hometown news, you turn our pages each and every week ... AAN!!!



A Reminder About Our Thanksgiving Week

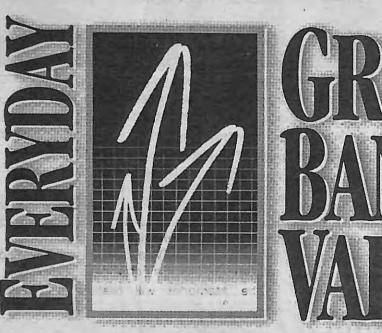
Edition ...

Please note that the deadline for articles, letters, ads, etc., for our Thanksgiving week edition (to be published Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m. We thank you for your cooperation in this matter ... AAN!!!

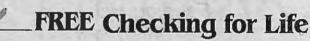
Waiting To Vote ...



WAITING IN LINE TO VOTE at the Agawam Middle School polling area on Election Day are (from left) Murray Fanning, Scott Templeton, and Susan Templeton. Advertiser News photo by Kathy Shepard



GREAT BANKING WALLES



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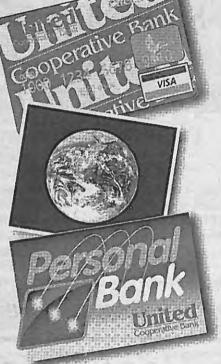
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Halloween Comes To Giovanni's Bakery





GIOVANNI'S ITALIAN BAKERY in Agawam Center welcomed customers in costume all day on Halloween and gave away a huge Halloween cake at the end of the day to a lucky ghoul. IN LEFT PHOTO: Teresa Russo of Giovanni's admires the costumes of Alexandra Govoni-Leske and her brother, Christopher Govoni-Leske. IN RIGHT PHOTO ABOVE: Teresa offers treats to Celine Dagenais, Thomas Broadhurst, and Tommy Dagenais. Advertiser News photos by Kathy Shepard.

Escape To The



School Street Bistro

29 School St., Westfield, MA Fax or call in your order ahead of time Fax (413) 562-8704 Phone (413) 562-8700

Friday & Saturday - Nov. 10th & 11th

SPECIALS APPETIZER:

Cozze Al Vino - Sauteed mussels steamed in a lemon garlic white wine herb broth on a focaccia crouton.

ENTREES:

Grilled Bourbon 16 oz. Porterhouse Steak - Grilled 16 oz. porterhouse steak grilled an served with a Bourbon demi glace over smashed potatoes and seasonal vegetables. Pan-seared Salmon - Black & white sesame-crusted presented with an Asian black bea butter served over cous cous and asparagus tips.

PLAN YOUR OFFICE AND FAMILY PARTIES EARLY!

Enjoy Autumn nights in the Bistro Lounge

Thursday, November 9th- Classical Pianist Vadim Friday, November 10th - Piano Vocalist Jennifer Greer Saturday, November 11th - Pianist Natalie Borowiec

7:00 P.M. -???

- NOW ON MONDAYS

Every Monday Night is Pasta Night \$9.95

This special is in addition to our regular menu.

EVERY TUESDAY IS Westfield Night Salad, Entree FOR \$14.9

NEW!! WEDNESDAY Steak Night \$16.95

Watch For Our New Signature Dishes Premeiring Sept. 11th

Banquet & Function Facilities

Hours: Mon-Thurs. 11:30 a.m. - 9:00 p.m., Fri 11:30 a.m. - 10:00 p.m. Saturday 4:30 - 10:00 p.m. • Sunday 4:00 - 8:30 p.m.

Secured Gift Certificates Available Online

www.schoolstreetbistro.com



Share Your Gift...

Steinmetz Photography 413.737.1400

Town Pictorial History Book Selling Out Fast

Upon publication last month of the new Images of America Series Agawam & Feeding Hills, Massachusetts, the Agawam Historical Association purchased 1/5 of the initial print run of 2,000 copies to sell as a way to raise funds for the ongoing renovation of the Elm Street Fire Station into the Agawam Historical & Fire House Museum.

The first 100 books ordered are nearly sold out, and another 400 are on order. Copies are still available at the Feeding Hills branch of Woronoco Savings Bank during their regular business hours, and as of Tuesday, November 14th, in the Town Clerk's Office of the Agawam Town Hall at 36 Main Street as well.

Agawam & Feeding Hills chronicles lost Agawam landmarks such as Randall Field, Bowles Airport, the Feeding Hills train station, as well as depicting existing addresses as they were. There are chapters devoted to agriculture, town celebrations, schools, the Agawam Fire Department, Riverside Park, the Agawam Woolen Mill, and a collection of images from 1895-1896 capturing Agawam Center as it was a century ago. The book features over 200 photographs from the 1870's through the 1950's.

Agawam & Feeding Hills is perfect for holiday giftgiving. The price of the book is \$18.99 and all royalties will benefit the Agawam Historical & Fire House Museum.

The Agawam Advertiser News

Jr. Women's Club To Hold "Breakfast With Santa"

On Sunday, December 3rd, Santa and Mrs. Claus will be visiting the Agawam Middle School from 9:00 until 11:30 a.m. to meet with all good boys and girls for a pancake and sausage breakfast. All children can bring their letters to Santa, and make sure to include your return address. Photos will be taken with Santa and the children.

The Agawam Junior Women's Club is sponsoring the breakfast. Tickets will be available at the door. Adults are \$3.50, and children are \$2.50.

A collection of non-perishable food will be taken for the Junior Women's Holiday Baskets, which help less fortunate Agawam families have a happy holiday.

There will also be a collection of wireless phones, which will be refurbished, reprogrammed, and distributed to victims in need.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs, Junior Membership.

Agawam Council On Aging To Hold Breakfast, Nov. 13th

The Agawam Council on Aging will be holding a Legislative Breakfast on Monday, November 13th at 8:00 a.m. at the Senior Center in Meadowbrook

Congressman Richard Neal, State Senator Linda Melconian, State Representative Daniel Keenan, Mayor Richard Cohen, and all members of the City Council have been invited to attend.

The purpose of the breakfast is to give the Council on Aging an opportunity to appraise elected officials of the legislative priorities of the Town's elders. Those were obtained by a survey conducted in September and October.

"This is a wonderful opportunity for our elders to participate early enough in the process to have an impact on the legislative and budgetary agenda of elected officials," said Rev. Len Cowan, who chairs the COA Legislative Committee.

The public is invited to join in the continental breakfast and to listen to the views expressed by their elected represenatives.

The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m.

Cooks in the Kitchen

1668 Main St., Agawam (across from Six Flags) 786-8068

NOW OPEN FOR DINNER

A Sampling Of Our New Dinner Menu...

Italian & Pasta Dishes All served with Marinara (\$1.00 additional for meat sauce). Choice of Ziti or Spaghetti, Salad and Rolls. Pasta & Meatballs......\$6.50 Tortellini w/ Sausage.....\$7.95 Chicken Parmigiana (may substitute with Cooks Crispy Fries) \$7.95 Chicken / Broccoli Alfredo......\$7.95

Seafood All seafood served fresh with choice of: Baked Potato, Cooks Crispy Fries or Rice and Cole Slaw or Salad. Baked Scallops......\$9.95

Cooks Gulf Coast Combo: Half Rack Ribs * / Baked Shrimp \$14.95

(* while supplies last)

Baby Back Ribs

Served with Cooks Crispy Fries, Cole Slaw, a Crock of Baked Beans and Cornbread.

* Early Bird Specials * 4 P.M. - 5:30 P.M.

Take out and delivery on full menu.

Cooks Specialties

All served with choice of Baked Potato or Rice, Cooks Crispy Fries, House Veg., Salad and Roll.

Prime Rib * (Saturday Only) N.Y. Strip Sirloin w/ Baked Haddock\$12.95 N.Y. Strip Sirloin w/ Grilled Chicken\$12.95

(* while supplies last)

Cooks Favorites

Flaky Crust Chicken Pot Pie (Served with Salad and Homemade Combread) \$6.50 Grilled Chicken Breast (Served with Baked Potato or Rice, Veg., Salad & Rolls) \$7.95 Southern Style Chicken Wings (Served with Baked Potato or Cooks Crispy Fries, Cole Slaw &

Kid Favorites

Wraps

All served with Cooks Crispy Fries.

Our newly remodeled Dinning Room is available for all your party needs. Come join us for that special occasion.

Hours: Monday Closed; Tues.-Wed.-Thurs., Lunch & Dinner 11am-9pm; Fri. & Sat., Breakfast, Lunch & Dinner, 7am-9pm; Sun., Breakfast Only 7am-1pm MasterCharge/Visa/American Accepted



Ag. Golden Agers Meet At Olive Oil's



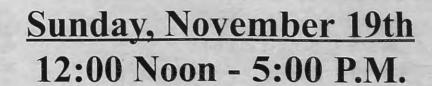
THE AGAWAM GOLDEN AGE CLUB, Chapter 1, recently held a luncheon meeting at the new Olive Oil's Restaurant on Springfield St. in Feeding Hills. Members of the board of directors who attended included (from left) Florida Tangocci (corresponding secretary); Dolores Gatti, treasurer; Ernestine Book, chairwoman; Louise Balboni, recording secretary; Mary Del Negro, chaplain; Ed Organek, travel guide; and Jan Riberdy, president. Advertiser News photo by Kathy Shepard.



THE LUNCHEON COMMITTEE for the Agawam Golden Age Club, Chapter 1, who met at the new Olive Oil's Restaurant at 797 Springfield St. in Feeding Hills are (from left) Cecile Rebecchi, program chairwoman; Ernestine Book, chairwoman; Eva De Grandpre, table chairwoman; Loretta Wright, Tickets; and Rose Paro, Tickets. Advertiser News photo by Kathy Shepard.

Thanksgiving Wine Tasting

Sponsored by Phipps Liquors At Our Westfield Store - 420 Union St./Rte. 20



Featurng: Radio Personality & AAN Columnist "The Food Dude" -John Walters



Taste our wine. Taste some great food, too! Special prices on select wines!



KENNETH & MURIEL BURR

Kenneth & Muriel **Burr Celebrate** 60th Anniversary

Mr. & Mrs. Kenneth Burr celebrated their 60th wedding anniversary recently with family and friends in Englewood, Florida, where they currently reside. The couple was married August 3, 1940 at the bride's home, 107 Suffield St., Agawam on the 25th anniversary of the bride's parents, Lillian & Norman Fraser.

Mr. Burr retired from Boston & Albany Railroad. Mrs. Burr is the former Muriel Agnes Fraser. Both were members of Agawam Congregational Church on Main St. The Burrs lived at 107 Suffield St., Agawam until moving to Florida in 1984. Mr. & Mrs. Burr have a daughter, Judith Burr Felch of Englewood, Florida; a son, Norman Chauncey Burr of Fairhaven, Mass.; and eight grandchildren.

Agawam Senior Center's Weekly Lunch Menu

Monday, November 13th: Pork chow mein on fluffy rice, tossed salad, pears:

Tuesday, November 14th: Pasta fajoile, deep-dish pasta, brachetta, w/w bread, peaches.

Wednesday, November 15th: Stuffed cabbage, mashed potatoes, corn, apple-

Thursday, November 16th: "Sloppy Joes" on hamburg rolls, salad, potato puffs, pineapple.

Friday, November 17th: "Thanksgiving i Dinner" - turkey w/gravy, stuffing, mashed potatoes, acorn squash, cranberry muffin, pumpkin pie.

(Menu subject to change without notice.)

The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m.

Kimberly Hayes Weds David Seder

Kimberly Hayes and David Seder exchanged wedding vows June 10, 2000 at St. John's the Evangelist Church in Agawam. The ceremony was followed by a reception at the Delaney House in Holyoke.

Tracie Jacapraro served as maid of honor and Robert Eichorst attended at best man.

The bride, the daughter of William Hayes of Agawam and Jacqueline Toussaint of East Granby, Connecticut, is a 1994 graduate of Agawam High School and 1998 graduate of Bryant College. She is currently employed as a staff accountant at Blum, Shapiro & Co. in West Hartford, Connecticut.

The groom, from Suffield, Connecticut, is the son of Ivan Seder of Ellington, Connecticut and the late Patricia Seder. A 1993 graduate of Suffield High School and 2000 graduate of the University of Connecticut, he is currently employed as an associate account executive at Travelers Special Liability Group in Farmington, Connecticut.

The couple currently reside in East Hartford.

The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m.



MR. & MRS. DAVID SEDER

Planning A Party?

Let Christo's Do The Cooking



is around the corner...
and we'll cook the turkey
with all the fixings.

While You Are At It...

You Know How Hectic The Holidays Are!

We are now accepting reservations for parties of 10 or more at \$19.95 per person for any entree from our menu.

Includes:

soup, bruschetta, salad, your entree, choice of pasta, vegetable, coffee, tea, and dessert. All gratuities inclusive.

(A 5% Mass. tax will be added.)



Christo's Restaurant

664 Suffield St., Rt. 75 Agawam, MA (413) 786-5711

Thank you for 20 years of business!

Pizza Party To Raise Funds For Scleroderma Research

A pizza and beer party will be held on Wednesday, November 15th at the Dante Club on Memorial Ave. in West Springfield to benefit scleroderm research.

This fundraiser is one of many held over the years by Gubby and friends and has raised over \$100,00. Pizza will be served from 6:00-9:00 p.m. and the donation is \$6.99.

For tickets, contact Tom Frasco at 786-0093 or Vic Menard at 786-2834.

Please remember to patronize your local businesses ...

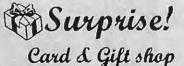
ADVERTISER NEWS!!!

SEE WHAT'S SHAKIN' AT HOLIDAY OPEN HOUSE NOVEMBER 11 & 12



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HOLIDAY MUSICAL SNOW GLOBE
OPEN HOUSE WEEKEND ONLY
(Retail Value \$17.99) While supplies last.





838 Suffield St., Agawam, MA at the Southgate Shopping Center Open Mon.-Sat. 9 a.m. + 9 p.m. Sat. 10 a.m. - 6 p.m. Tel. 786-2407



Feeding Hills Woman **Helps Funding For Animal Groups**

by Kathy Shepard **Feature Editor**

Hilltown Helpers for Animals, a nonprofit group created in January 2000, invites everyone to Critters Craft Fair and Bake Sale on Saturday, November 11th from 9:00 a.m.-4:00 p.m. at the Western New England Animal Center, housed at 171 Union Street, Springfield, along with Rowley Memorial Animal Hospital, the MSPCA Springfield Animal Shelter, the American Humane Education Society (AHES), and the Western Mass. MSPCA Law Enforcement Division.

There will be free parking, free admission, great gifts for holiday shopping, door prizes, and a wide variety of edibles for the holidays. This is the first fundraising event held by the Hilltown Helpers for Animals, an organization formed to specialize in raising funds that benefit homeless animals and the rehabilitation of wildlife.

Diana "Dee" N. Gregory-Lydick of Feeding Hills is part of the volunteer committee for Hilltown Helpers

AHS Class of 1990 Plans 10-Year Reunion

Did you graduate from the Agawam High School Class of 1990? If you did not receive an invitation to

the reunion, please call Jennifer at 413-283-9968 Thank you.

Our classified ads cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 23 Southwick Street, Feeding Hills Center (above Remillard Insurance Agency), or mail them (along with payment) to P.O. Box 263, Feeding Hills,

MA 01030.

The Agawam Advertiser News

for Animals, with Diane Gould of Westhampton and Mary Ann Wilcox of Montgomery.

Dee Lydick has been involved in many projects and causes which center on animal welfare. When a caller finds no one available to answer Dee's message machine, they will hear a taped message, often something like, "You have reached the home of Mike, Dee, Jenny, Sunny, Hoppy, Moxie, Dolly Mae, and Bowtie Bert. If you'd like to leave a message for Dee or Mike, please do so after the beep. If you'd like to leave a message for anyone else, just start meowing."

On other occasions, a different message might be in place, but always one which somehow helps benefit animals.

"Hilltop Helpers for Animals will now become involved in any direct animal care or wildlife rehabilitation, foster program, or placement of homeless animals. Its sole purpose is to raise funds that will financially assist qualified individuals and/or nonprofit groups with their efforts to help homeless animals and wildlife rehabilitation," Dee said.

Funds donated to Hilltown Helpers for Animals will go directly to approved applicants. The members of the committee are all volunteers for the Massachusetts Society for the Prevention of Animals (MSPCA) and decided to get together and have an event from which proceeds would go to the MSPCA Animal Shelter.

"The Hilltown Helpers for Animals will not deal directly with any animals but will assist organizations that do, especially in the hilltowns. We will send information about our organization and the application process to the organizations known to us that have spay and neuter programs or other such missions. There are so many groups out there that want to help animals and often are using their own money. We want to be a strictly fundraising organization," Dee Western New England Animal Center

DIANA GREGORY-LYDICK (left) and VALERIE LONGWORTH check out the placement of a sign advertising this Saturday's "Critters Craft Fair" to benefit the MSPCA.

explained.

Those who attend this Saturday's Critters Craft Fair and Bake Sale from 9:00 a.m.-4:00 p.m. at 171 Union St., Springfield will benefit the MSPCA Springfield Animal Shelter while finding great bargains and enjoying themselves. It is truly a cause for paws, according

Italian Women's Club To Meet Monday, November 20th

The November meeting of the Italian Women's promptly at 6:30 p.m. Club will be held Monday, November 20th at the Collegian Court in Chicopee.

Meetings are open to all Italian women, either born or married to an Italian. Dinner will be served

For information on the meeting, call 413-525-7322. For information on the Italian Women's Club, log on to Inter 1@Web.TV.Net.





"Beauty Corner" Mary Ann Zicolella Salon Tres Chic At Twin Silos 1407 Suffield Street Agawam, MA 01001 (413) 786-8274

How Healthy Is "Fat Free?"

Question: I heard that a fat free diet isn't as healthy as I thought it was. Is that true?

Answer: I truly believe that balance and moderation of anything is healthy. Your body needs all kinds of things to function properly and if you take some of these things away, you could be denying your body some important nutrients. If you have been following a fat free diet, then you could be missing beauty and hormone-balancing oils, fat-solubale antioxidants like vitamin A and E and detoxification nutrients like vitamin B, magnesium, and zinc. All these are important for clear skin, strong nails, healthy hair, and a strong immune system. They also help hormone balance by breaking down estrogen in the liver. Oils, proteins and carbohydrates are needed to give you healthy natural

The essential oils (fatty acids) from both the omega-3 (flaxseeds, flaxseed oil, hempseed oil, pumpkin seeds, walnuts, and dark lefy greens) and omega-6 (unrefined and unprocessed vegetable oils) fatty acid families are important to your health. They aid in the absorption of vitamins A, D, E, and K, which are your beauty vitamins (skin, hair, and nails). They help ward off eczema, dandruff, psoriasis, dryness, and hair loss. These oils are also helpful in keeping your body's detoxification process working by moving oil-soluble poisons stored in fatty tissues out of the body by elimination. These also protect your body against premature aging, osteoporosis, arthritis, heart disease, cancer, allergies, and asthma.

Protein is important for so many reasons like the production of glucagon, a hormone that promotes the burning of fat for energy. It is involved with tissue growth and repair, improving muscle tone, boosting metabolism and maintaining healthy hair, nails, and skin. It also helps in the detoxification process by carrying toxins and heavy metals out of the body, especially excess copper, which can easily be an overload in our body due to daily intake (copper pans and plumbing, vegetarian diets, chocolate, teas, vitamins, some prescriptions). Too much copper can create a zinc deficiency in the body. Zinc is important for strengthening hair and nails, producing clear and unblemished skin, healing bruises and wounds, and helps to maintain regular menses. For the perimenopausal women, zinc aids with the absorption of vitamin D, which is good for building strong bones. Too much copper depletes vitamin C and bioflavonoids, which can weaken collagen and elastin formation necessary for healthy, young looking skin. Other problems include rosacea, redness, broken capillaries, skin rashes, and white spots on the fingernails.

Carbohydrates are broken down into two categories, simple and complex. Fruit foods are simple carbohydrates and are considered body cleansers which help keep your complexions clear. Vegetables are complex carbohydrates (starches) and are the body builders. They provide time-released energy for our bodies, which in turn, increases physical endurance. Today we think of starch coming from grain instead of vegetables such as raw potatoes, yams, parsnips, rutabagas, and turnips.

By grinding, grating, or chopping these up and putting them into a salad could be an appetizing way of adding these to your diet. Grain in its uncooked form is less ideal than root vegetables, but when properly activated, germinated, or sprouted, it is a convenient source of essential complex carbohydrates. Cooked starches convert foods into inorganic and indigestible fillers and do not nourish our bodies.

I believe that a balance of proteins, fruits, veggies, * starches, and greens can be the base for total health and radiant beauty.

Thought for a smile: a giggling child - and remember Beauty is our Business!

ALL THE LOCAL NEWS

Agawam Women's Club To Meet Monday, November 20th

The November meeting of the Agawam Women's Club will be held at The Captain Charles Leonard House at 7:30 p.m. on November 20th.

The speaker of the evening will be Carol Roy, whose topic is "To move or not to move."

The invocation will be given by Rose Isabel. Betty James and Jean Goss will be in charge of hospitality. our meetings.

Members are reminded to bring gifts for the veterans at the Holyoke Soldiers' Home. These will be given to the veterans at Christmas. The committee is headed by Nancy Smith. .

Friends and new members are welcome at all of

If you visit the Advertiser News' new office at 23 Southwick Street, Feeding Hills (above Remillard Insurance), please note that our main entrance is in the back. Please park on the side of the building and use the back entrance. Thank you...

We Now Offer Home Deliveries

Agawam Only (\$25 Minium Order) Call Before 12 Noon For Afternoon Deliveries \$5 Samiga Charge

\$3 Service Charge				
USDA CHOIC	<u>E</u>	Wampler Chicken Roll	\$2.89 Lb.	
Boneless Sirloin Steak	\$2.99 Lb.	Willowbrook Turkey		
Boneless Spoon Roast *	\$3.99Lb.	Pastrami	\$1.99 Lb.	
T-Bone Steak	\$3.99 Lb.	Fresh Seafood Salad	\$4.99 Lb.	
Porterhouse Steak	\$4.49 Lb.	PRODUCE	0-1	
Center Cut Pork Chops	\$1.99 Lb.	Local Large Size Chef		
Center Cut Pork Roast		Potatoes (50 Lb. Bag)	\$7.95	
(Bone In)	\$1.89 Lb.	Iceberg Legguce	.99 Head	
Country Style Ribs	\$1.69 Lb.	Large Slicing Tomatoes	.99 Lb.	
Loin End Roast	\$1.69 Lb.	Celery Hearts	.99 Pkg.	
Boneless Pork Roast (Cut		Bananas	.39 Lb.	
From Loin Or Rib End)	\$1.99 Lb.	Jumbo Size Eating Oranges	.39 Ea.	
Fresh Ground Pork	\$1.69 Lb.	Honeydew Melons	\$1.99 Ea.	
Fresh Ground Chuck		DAIRY & FROZEN		
5 Lbs. Or More	\$1.69 Lb.	Friendly Ice Cream		
10 Lbs. Or More	\$1.39 Lb.	(1/2 Gal.)	2 For \$5.00	
Fresh Ground Round		Hood 1% Low Fat Milk (Gal.)	\$2.19	
5 Lbs. Or More	\$2.49 Lb.	Hood 2% Milk (Gal.)	\$2.29	
10 Lbs. Or More	\$1.99 Lb.	Grade "A" Sweet Life		
		Y Y 77 (70)	0.0	

Grade "A" Skinless & Jumbo Eggs (Doz.) **Boneless Chicken Breast** \$1.99 Lb. Frozen Swordfish Steaks Whole Pork Loins \$1.69 Lb. Frozen Lobster Meat (Cut To Order) (11.3 Oz. Can) Whole Butt Tenderloins (Cut To Order) \$5.69 Lb. DELI Land O' Lakes White \$3.99 Lb. American Cheese

Austrian Alps Imported Swiss Cheese \$2.99 Lb. Russer German Bologna \$1.69 Lb. \$3.99 Lb. Krakus Imported Ham Russer Honey Maple Ham \$3.99 Lb.

Citterio Mortadella w/Pistachio \$2.89 Lb.

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Prices Effective Mon., Nov. 6th - Sat., Nov. 11th We Accept VISA & MasterCard We Accept USDA Food Stamps

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Tues. & Wed. Special ... Fresh Ground

SEAFOOD

FREE -1/2 Lb

Land O' Lakes American Cheese

w/Purchase of 1 Lb. (with coupon only)

(Valid 11/6-11/11)

AVAILABLE HERE

AGAWAM-FEEDING HILLS

HISTORIC BOOK

.99

\$4.99 Lb.

\$12.99

Chuck (10 Lb. Pkg.)

\$12.95



FRANK ANDRUSS (left) OF FEEDING HILLS and Dan Rita get ready to move the Packard marine engine from Kaman Aerospace.

Feeding Hills Resident Acquires Vintage WWII PT Boat Engine

During WWII, the United States Navy was using fast attack boats called Patrol Torpedo Boats, or PT Boats. Used to torpedo large capital ships, sink barges, or bottle-up the enemy on Pacific islands, these wooden wonders of the sea would skim across the water at 41 knots.

Highly maneuverable, PT Boats operated at night and bought time for the U.S. Navy who suffered at Pearl Harbor.

The PT Boat's speed was produced by three Packard Marine Engines, which were made by the Packard Motor Car Company of Detroit. A high-tech engine during the war, they were super-charged gasoline engines, using 100 octane fuel.

First produced as a 1,250 H.P. motor, they were increased to 1,350 H.P., and finally an incredible 1,500 H.P. near the end of the war. Feeding Hills resident Frank Andruss has acquired one of these great engines. Interested in PT Boats since the age of 10, Andruss has put on many exhibits, educating the public about the role PT Boats played during the war.

It was at one of these exhibits that Andruss was approached about the engine. "I was set-up at the Eastern States Exposition in 1998. I had my PT Boat exhibit in the New England Building, and Dan Rita of Kaman Aerospace Corporation told me he had a Packard engine," explained Andruss.

Rita was not sure if he had the aircraft version of the Packard, so he invited Andruss to tour the plant and check out the engine firsthand. After the fair was over, Andruss went to the plant and was excited to see that it was, indeed, the Packard Marine Engine. This engine was bought as surplus and was used in the 1950's to power the Spin Pit test sight used for helicopter blades.

This engine sat dormant for over 45 years. It was during this tour that Rita agreed to turn over the engine to Andruss and his exhibit. Plans were made to disconnect the unit and tear down the complex that housed the engine. The engine is in good shape, according to Andruss, as being covered kept out the elements, which is a plus.

Work on the engine was done mostly on weekends, with several workers from Kaman helping to see that things ran smoothly. A suitable platform was needed to support this massive engine, which weighed in at 2,950 pounds. A military cart was purchased, thanks to some ex-PT-boaters who donated the funds needed for the cart. Modifications were made to make a cradle and the unit was sandblasted, primed, and painted.

The sequence of events took a long time, but finally the engine was ready to be moved on August 26, 2000. It needed to make its journey from Bloomfield, Connecticut to Westfield, Mass.

A crane was used to hoist up the engine, and gently put it into the waiting cradle. Cal Pixley transported the engine to Westfield and did some final drilling.

The engine was then brought to East Longmeadow, where ex-PT-boater Wallace McNeish agreed to house the engine until restoration was completed. McNeish said that seeing the engine brought

back many memories of his time spent on PT boats. Engineers worked long hours in terribly hot and humid conditions to keep this PT 374 running in tip-top shape. "We depended on those engines for our very lives and those guys did a bang-up job," said McNeish.

Restoring the engine is the next stepping stone for Andruss, who hopes to locate people interested in helping. "My friend, Harland Avezzi, is well-known for his work in restoration and has given me some idea on the task at hand," said Andruss.

"The engine needs to be taken apart, glass beaded, primed, and painted. Some of this work has already started, but donations will be needed to continue"

Andruss has already put out several brochures to area businesses and hopes to raise the funds over time. When the engine is completed, it will be part of the planned PT Boat exhibit at the newly-formed Pioneer Valley Military & Transportation Museum, located at Barnes Airport in Westfield.

Andruss hopes to run a second PT Boat exhibit at next year's Big E, which would highlight this Packard engine.

Anyone wishing to donate to this project or get involved can contact Frank Andruss at 413-789-1938 or his e-mail using Mosquitofleet@webtv.net.



DAVID J. PIACENTINI & VIKKI GALIATSOS

Vikki Galiatsos Engaged To Wed David Piacentini

Victor and Mary Galiatsos of East Longmeadow are pleased to announce the engagement of their daughter, Vikki Galiatsos, formerly of West Springfield, to David J. Piacentini of Feeding Hills. David is the son of Donald and Gladys Piacentini of Feeding Hills.

Miss Galiatsos graduated from West Springfield High School, Assumption College in Worcester, and is pursuing her MBA from Western New England College in Springfield. She is a Senior Business Analyst at Phoenix Home Life in Enfield.

Mr. Piacentini graduated from Agawam High School, Western New England College in Springfield, and is pursuing his MBA from the University of Massachusetts in Amherst. He is a Cost Accountant at Savage Arms in Westfield.

The couple has planned an August 25th wedding.

Card Of Thanks

To All My Friends And Customers Of Westfield Bank In Agawam

I would like to take this time to thank you all for all the flowers, plants, fruit baskets, gifts, and multitude of get well cards and prayers that have been sent to me during my hospital and Country Estates stay. It was so gratifying to realize how many friends I truly have in Agawam. I thank you all from the bottom of my heart and will never forget the kindness shown to me. Also, the many visits from you all have really helped me. I can't wait to get back to work to see you all again. I truly miss my customers.

Love, Connie Sandillo (teller)



Church News

Sponsored By Agawam Parish Association...

Thanksgiving Dinner Set For November 23rd

Let us give thanks for the Good News of the Lord!

The Agawam Parish Association is planning the third Agawam Community Thanksgiving Dinner, now known as the *Kathy Manley Memorial Thanksgiving Day Dinner*. The dinner will be held on Thanksgiving Day, November 23rd, from 12:00 noon until 3:00 p.m. at the Feeding Hills Congregational Church, 21 North Westfield Street, Feeding Hills (near Dunkin' Donuts).

At this event, the churches of the Agawam community will come together as one body in preparing and serving the meal. Volunteers will provide the work.

Who is this dinner for?

This Thanksgiving dinner is for everyone in the Agawam community who wants to be with their neighbors on this special day. In coming together, we seek to share not only food, but also friendship with any who would be alone or who would like to join with others on this festive occasion.

Meals will be delivered to shut-ins, on-duty firefighters, police officers, and to those with family members in area hospitals. Transportation for those who need a ride to the dinner will be provided.

How did this get started?

In 1981, the West Springfield Parish Association began the tradition by serving 120 meals. By 1997, the event had grown to the point at which over 1,000 meals were served, including about 150 to Agawam residents. Now, we in Agawam have branched out from West Springfield's initiative and provide a similar service in our own community.

What is the cost?

We offer the meal without charge. We rely solely on the contributions of money, food, and volunteer help. We ask that you consider this worthy cause, and we invite you to participate in any way possible.

Please make checks payable to: Agawam Parish Association, P.O. Box 267, Agawam, MA 01001.

Donations of food may be delivered to: Feeding Hills Congregational Church, 21 North Westfield Street, Feeding Hills, MA 01030. Tel.: 786-6051 (M-T-Th 9:00 a.m. - 12:00 noon).

Volunteers may call: Art Theobald, 789-4271; Rev. Rob Donaldson, 786-5061 (FAX 786-0694); or e-mail at feedinghillsucc@juno.com.

The members of the Agawam Parish Association say, "May God's blessings be with you this Thanksgiving."

For the best in local goods and services, be sure to check our classified ads ... AAN!!!

Art Auction At St. John's Church



AN ART AUCTION WAS RECENTLY HELD at St. John's Church in the Parish Center. Standing: Edward & Rita Burek, Jackie Toussaint (co-chairwoman), Angela Beaudry (co-chairwoman), Elaine Taupier, and Janet Wysocki. Seated: Mary Gontczaruk and Joan Malinoski (co-chairwoman). Advertiser News photo by Kathy Shepard.



HANDLING THE REFRESHMENTS AT THE art auction at St. John's were (from left) Millie Vassallo, Alice Buell, Dottie Frenette, and Peggy Lepper. Advertiser News photo by Kathy Shepard.



(center) and Mayor Richard A. Cohen - to the art auction at St. John's. Advertiser News photo by Kathy Shepard.

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News From F. Hills Congregational

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills. Our Sunday Service of Worship begins at 10:00 a.m. and will this week be led by a guest speaker.

Cindy Matteson will be Lector. Ushers will be Rose & Perry McCobb. Children, who are invited to attend worship with adults, may leave when indicated for Sunday School. Nursery care is provided for the very

On Sunday, we will have our monthly collection for the Parish Cupboard. There is a special need this month for diapers, shampoo, personal care products, sweaters and sweatshirts, socks, men's underwear, and turkeys for Thanksgiving.

Please bring your items to the table in the sanctuary. Envelopes will be available for cash donations.

The Ladies Benevolent Society will sponsor a Chicken Pie Supper, mini-bazaar, and food sale on Saturday, November 11th. The menu includes whipped potatoes, cranberry sauce, beet relish, butternut squash, rolls and butter, green beans almondine, and (of course!) chicken pie. Beverages and homemade apple or squash pie are also includ-

Helpers are needed to prepare food, serve in the kitchen, wait tables, or clean up. Members are also asked to provide crafts or baked goods. If you can help, please contact Kathy Rose, Lani Kretschmar, or Bernice Burton.

For reservations, please call Betty Bava at 786-

The Committee on Community Outreach has scheduled a meeting for Tuesday, November 14th, at 7:00 p.m.

Confirmation Class will meet on Wednesday, November 15th, at 6:30 p.m.

The deadline to submit information for the December issue of the church newsletter is Thursday, November 16th.

The third and final of the series of Adult Spiritual Retreats will take place on Friday, November 17th, at 7:30 p.m.

The Agawam Parish Association will be hosting the third annual Kathy Manley Memorial Thanksgiving Day Dinner on Thursday, November 23rd, at Feeding Hills Congregational Church from 12:00 noon until 3:00 p.m. Everyone in town is invited to be our honored guest.

If you are interested in volunteering to help make this event a success, please contact Art Theobald, volunteer supervisor, at 789-4271.

On the calendar:

Friday, Nov. 10th: 6:00 p.m., Wedding rehearsal; 5:00 to 11:00 p.m., Creative Memories.

Saturday, Nov. 11th: Veterans' Day; 11:00 a.m., Wedding; 5:00 p.m., Chicken Pot Pie Supper.

Sunday, Nov. 12th: 10:00 a.m., Parish Cupboard/Sunday School; 12:00 noon, Church of Redemption.

Monday, Nov. 13th: 3:30 p.m., Girl Scouts; 6:30 p.m., Cub Scouts; 7:00 p.m., Property Committee; 7:30 p.r.i., Board of Christian Education.

Tuesday, Nov. 14th: 3:00 p.m., Girl Scouts; 7:00 p.m., A.A.; 7:00 p.m., Community Outreach.

Wednesday, Nov. 15th: 3:00 p.m., Girl Scouts; 6:30 p.m., Girl Scouts; 6:30 p.m., Confirmation Class; 7:00 p.m., Cub Scout Committee; 7:30 p.m., Choir.

Thursday, Nov. 16th: Newsletter deadline; 3:15 p.m., Girl Scouts; 7:00 p.m., A.A.; 7:00 p.m., Church of Redemption.

Chicken Pie Supper At F. Hills Congregational

The Ladies Benevolent Society of the Feeding Hills Congregational Church, 21 North Westfield Street, Feeding Hills, is sponsoring a Chicken Pie Supper, mini-bazaar, and food sale on Saturday, November

The menu will include chicken pie, whipped potatoes, butternut squash, green beans almondine, cran- or Mrs. Barbara Swanson at 786-5732.

berry sauce, beet relish, rolls and butter, homemade apple or squash pie, and beverage. The cost will be \$7.50 for adults, \$3 for children under eight, preschool age children are free, with continuous servings from 5:00-6:30 p.m.

For reservations, call Mrs. Betty Bava at 786-0679

"Church News" is just one reason why you turn our pages every week...

Activities At St. Anthony's & St. Theresa's

MASS SCHEDULE

- * Monday-Wednesday: 9:00 a.m., St. Theresa.
- * Thursday: 7:00 p.m., St. Theresa.
- * Friday & Saturday: 9:00 a.m., St. Anthony.
- * Saturday: 4:30 p.m., St. Theresa.
- * Sunday: 8:30 a.m., St. Anthony; 11:00 a.m., St. Theresa.
 - * Holy Day Vigil: 6:00 p.m., St. Anthony.
 - * Holy Day: 9:00 a.m./6:00 p.m., St. Theresa.
 - * Rosary: One half-hour before daily Mass.

CALENDAR OF EVENTS

- * Sunday, November 12th: 9:15 a.m., CCD for grades K-6.
- * Monday, November 13th: 6:00 p.m., 8:30 and 11:00 Choirs rehearse at St. Anthony's; 6:00 p.m., Finance Council meeting in the Parish Education Center; 7:00 p.m., CCD for grades 7/Confirmation Class.
- * Tuesday, November 14th: 7:00 p.m., Parish Council meeting in the Parish Education Center.
- * Wednesday, November 15th: 7:00 p.m., Cantata Rehearsal at St. Anthony's; 7:00 p.m., Cantata Costume Assignment & Fittings for the Drama group at St. Theresa's.
- * Thursday, November 16th: 7:30 p.m., 11:00 Choir rehearsal.at St. Theresa's; 7:45 p.m., Finance Council meeting at St. Theresa's Rectory.
- * Monday, November 20th: 6:00 p.m., 8:30 and 11:00 Choirs rehearse at St. Anthony's; 7:00 p.m.,
- * Tuesday, November 21st: 7:00 p.m., Women's Guild will meet in the Parish Hall and will make "shell angels."
- * Wednesday, November 22nd: NO CANTATA REHEARSAL.
- Thursday, November 23rd: 9:00 a.m., Thanksgiving Mass at St. Theresa's; NO 7:00 P.M. MASS.

Please remember to patronize your local businesses ... ADVERTISER NEWS!!!

Great is Your faithfulness. -- Lamentations 3:23

A friend of mine studied and trained for years in preparation for the work of Bible translation. When he finally arrived in his assigned country, he wrote about the odyssey of the previous years: "The key to staying alive in this life of constant change is to expect the unexpected, to remain vigilant, and above all, to remember daily that God is firmly in control when all else indicates otherwise."

Ten days later, his letter seemed prophetic when the country erupted in civil war and he was forced to leave.

We all know the feeling of being "almost there" when a sudden shift of circumstances alters everything, and we feel that life is out of control.

The prophet Jeremiah could have felt like this in the aftermath of devastating change. King Nebuchadnezzar of Babylon had conquered Jerusalem, deported the people, and reduced the city to rubble. But Jeremiah affirmed God's faithfulness and control when he wrote, "Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning; great is Your faithfulness" (Lam. 3:22-23).

Today, we can face unexpected change because our faithful God is still in control. -- DCM

Great is Thy faithfulness, O God My Father! There is no shadow of turning with Thee; Thou changest not, Thy compassions, they fail not: As Thou hast been Thou forever wilt be. -- Chisholm

In our changing world, we can always depend on our unchanging God.



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Reflections...
submitted by
Rev. Peter Monahan
Pastor of the New Life
Christian Church,
Suffield, CT
(413) 789-1377 or
toll free (877) 643-9801

Whom Do We Trust?

As this article is being prepared, the 2000 election cycle is drawing to a conclusion. On Tuesday, millions of Americans will go to the polls to cast their ballots for various office seekers. Of course, the race most Americans are interested in is the race for the Presidency. Regardless of who winds up winning the Presidency, as well as the other positions up for grabs, one prediction can be made with absolute certainty. Some voters will like the election results, while others will be disappointed.

While it's okay to be disappointed should one's candidate not win, it would be extreme to be devastated. We can avoid devastation, if we ask ourselves, in whom do we trust? In Psalms, we are encouraged to place our trust in the One who is truly trustworthy.

Praise the Lord. Praise the Lord, o my soul. I will praise the Lord all my life; I will sing praise to God as long as I live. Do not put your trust in princes, in mortal men, who cannot save. When their spirit departs, they return to the ground; on that very day their plans come to nothing. Blessed is he whose help is the God of Jacob, whose hope

Weekly Parish Announcements From St. John's

PRESCHOOL SUNDAY PROGRAM: We have begun our *Preschool Program* for children ages 3-5 in the lower Church during the 9:30 Mass each Sunday. We hope families will find this a helpful service.

GIVING TREE: Our special parish project, THE GIVING TREE, is well under way again. We have been gathering the names of needy families and the process of organizing all the details is well under way. The tree will appear on the first Sunday of Advent for your participation.

AGAWAM CATHOLIC WOMEN'S CLUB: The Women's Club is selling the "Entertainment Books" for \$20. You can participate in this fundraiser by calling Lil Doyle at 786-9586.

BAZAAR NEWS: The Jewelry Booth could use any old jewelry. Just drop it off at the Parish Office as "Jewelry."

CATHOLIC WOMEN'S CLUB COMMUNION SUPPER: The Annual Communion Supper will be held on Monday, November 13th. Mass will be celebrated at 6:00 p.m., and dinner will follow at 7:15 p.m. in the Parish Center. Sr. Frances White will be the guest speaker. Anyone not as yet contacted is asked to call Charlene, 786-2439, or Lorraine, 786-4149. Members may bring guests, and new members are welcome.

ST. JOHN'S OVER 60 CLUB: The next meeting will be on Thursday, November 16th, with a visit to Smith College for the Mum Show. The group will be car-pooling and meeting at 10:00 a.m. at St. John's. Lunch will be on-your-own at the Cracker Barrel. Want to go? Call Barbara, 569-9830, or Lil, 786-9586.

If you have dropped off any photos to our office for Boy Scout activities, church events, etc., please pick them up after they appear in The AAN...

The Agawam Advertiser News

is in the Lord his God, the Maker of heaven and earth, the sea, and everything in them - the Lord, who remains faithful forever. He upholds the cause of the oppressed and gives food to the hungry. The Lord sets prisoners free, the Lord gives sight to the blind, the Lord lifts up those who are bowed down, the Lord loves the righteous. The Lord watches over the alien and sustains the fatherless and the widow, but He frustrates the ways of the wicked. The Lord reigns forever, your God, o Zion, for all generations. Praise the Lord.

This world can be a tough place to live. Life, for virtually all people, is a series of ups and downs. That seems to be true for countries as well as individuals. We can do one of two things when it comes to adversity. One thing we can do is to put our trust in people, in politicians, who in spite of their promises, lack the power to keep bad things from happening. The other, better, alternative is to trust in God, who never makes promises He can't keep, and who finds unusual ways to bless those who seek Him in their times of need.

The Bible records a period of time when drought, then famine, came upon Israel. Such times are hard on everybody. Like everybody else, the prophet Elijah was suffering from the consequences of the drought. God sent Elijah to a certain widow, who though she had next to nothing, and though she feared for her own life and the life of her child, believed the promise of God that He would sustain her.

"For this is what the Lord, the God of Israel says, 'The jar of flour will not be used up and the jug of oil will not run dry until the day the Lord gives rain on the land." She went away and did as

EQUAL HOUSING LENDER Member FDIC Member DIF

Elijah had told her. So there was food every day for Elijah and for the woman and for her family. For the jar of flour was not used up and the jug of oil did not run dry, in keeping with the word of the Lord spoken by Elijah.

Both Elijah and the woman were facing adversity. The adversity was brought on, at least in part, by the wicked king of Israel. The king of Israel at that time, was Ahab, whom the Bible makes out to be a notoriously evil king. In fact, the Bible says that Ahab did more evil in the eyes of the Lord than any of those before him. He not only considered it trivial to commit the sins of Jeroboam, but he also married Jezebel daughter of the king of the Sidonians, and began to serve Baal and to worship him. Ahab also made an Asherah pole and did more to provoke the Lord, the God of Israel, to anger than did all the kings of Israel before him.

Regardless of what the candidates, and the campaigns, have said about each other, we are blessed not to be facing such wicked leaders in America! And more importantly, regardless of whether we're happy or disappointed with the results of one day, Election Day, we can go forward together making our country an even better place to live than it already is.

The Bible says, I want people everywhere to lift up holy hands in prayer, without anger or disputing. I urge then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone - for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God.

yourebank.com

The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m.

* * * * * * *



Notes From Valley Community Church

The Valley Community Church is a non-denominational Christian church that welcomes all who would seek the way of the Lord and accept Him as their Savior. Those searching for a church are invited to come worship and fellowship with us at our lovely sanctuary high on the hill at 152 S. Westfield Street, Feeding Hills. On the calendar:

Saturday, November 11th: 5:00 to 6:30 p.m., Chicken Supper (call 786-2445 for reservations).

Sunday, November 12th: 9:30 a.m., Worship Service with guest pastor, Rev. Jim Jasmin of Faith Bible Church (nursery, cherub worship, and junior worship service offered); 10:30 a.m., Fellowship and Refreshments; 11:00 a.m., Intergenerational Sunday School.

Monday, November 13th: 9:30 a.m. and 7:00 p.m., Ladies Bible Study; 7:00 p.m., Board of Administration.

Tuesday, November 14th: 7:00 p.m., Board of Deacons.

Wednesday, November 15th: 7:00 p.m., Senior Choir rehearsal.

Thursday, November 16th: 7:00 p.m., Praise and Prayer Service; 8:00 p.m., Parish Life Meeting. (Planning for December 15th Pot Luck Supper and musical, "The Birth," at The Red Door Theatre.)

Please call 786-2445 if you wish to speak to our shepherd, Pastor Gene deJongh, or if you would like more information about Valley Community Church.

Catholic Women's Club To Hold Communion Supper

The Catholic Women's Club of Agawam will hold its annual Communion Supper on Monday, November 13th at St. John the Evangelist Parish Center, 833 Main Street, Agawam following celebration of Mass at

6:00 p.m. in the Church.

A family-style dinner of roast beef and roast chicken catered by Alcoa will be served.

Charlene Moretti is the chairperson for this event.

Chicken Supper "Voted In" At Valley **Community Church**

My fellow Americans: In this election year, it is important for us to remember the freedom we have to vote for the bird of our choice. Every year, it's the same basting - turkey, turkey, turkey! We need a change, and so the Second Chance Party supports a new candidate - the chicken!

Now, we can't promise a chicken in every pot, but we can promise half of one on every plate if you come to the polls at Valley Community Church, 152 S. Westfield Street, Feeding Hills, between 5:00 and 6:30 p.m. on Saturday, November 11th. We'll even throw in some fixings like mashed potatoes, gravy, vegetables, rolls, drinks, and a table of desserts just to sweeten the pot - er, dish.

Of course, we do not have (as yet) governmentfunded campaign financing, so we do have to charge a poultry \$8 for adults and \$4.50 for children under 12, but that's chicken feed compared to what you're getting.

So, for those environmentalists who are concerned for the turkey's dwindling numbers; for those activists who want to see a dietary change this November; for those liberals who want a liberal amount of food; and for the conservatives who don't want to spend a lot for it ... vote chicken this November 11th. Thank you for your support (paid for by the "IMA Turkey" Second Chance Committee). For reservations, call 786-2445. News From Crossroads Christian Fellowship

Crossroads is located at 522 Springfield Street Feeding Hills. Our Sunday morning wors thip begins att 10:00 a.m. with worship leader Michael Cabba and Pastor Gary Reiff, teaching.

A "Ladies Tea" is scheduled for Novembeer 111th from 9:00 to 11:30 a.m. at the home of Almettee Dunn. Please bring a breakfast item.

Intercessory Prayer: Sunday morning, 9000 a.m.; Monday morning, 10:30 a.m.; Monday everningg, 6:300 p.m. Harp & Bowl: Saturday evening, 7100 too 101000 p.m. (Worship & Intercession).

Worship practice takes place on Wednescolays and 7:00 p.m.

Home Groups: Thursday evenings at 7:000 p.m. (Springfield and Westfield).

For further information, please call the church office at 821-0937.

Activities At Faith Bible Church In Agawam

Gobble, Gobble - On November 19th, we will be holding our annual "Thanksgiving Dimner" at the church, 370 Shoemaker Lane 5:00 p.m.. We have a wonderful time of eating and fellowship wirith one another. All are invited to attend. If it pleasess you, bring a dish of your choice. The more the merriter! We hope to see you there.

On November 26th, we will be holding a meww/mem+ ber auction. Anyone interested in becoming as member or being baptized should contact Marillyn Cotte ant 732-5687 ahead of time.

Our teens have a lot of activities planmed and to find out what's going on, contact the cimurch all 7/86-1681. The Halo-Eve activities went wonderfunly. We had many children come out as an altermetive a trotrickor-treating and they had a great night of fum.

We take care of the community both inside and out.

"She's had the best year of her life here."

Joseph Cembura, son of Lucia Cembura, resident

"My Dad has blossomed here. My daughter said the other day, 'Ot's like having the old Pepe back."

Jacqueline Lakoro, daughter of Lucien Destochers, resident

"Heritage Woods offered the support I needed when I couldn't be home alone any longer."

Clark Stephenson, resident

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Maryanne Beach, daughter of Dr. Aloysious Bloniars, resident

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Jessie Fuller, respire resident

"Heritage Woods offered the flexibility our family needed to allow our dad numerous respite stays; enough that he was able to make up his mind that he should move in permanently.

PARK

November 18th, 9am to 2:30pm at Agawam Baptist Church

760 Main Street, Agawam

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Calendar From Ag. Congregational

Sunday, November 12th will be Stewardship Sunday, with Rev. Earl speaking on: "Gratitude - Your Greatest Asset." During the morning worship, child care is available for infants and toddlers. The Senior Choir, under the leadership of Ellen Cogen, will be singing.

Pastor Earl and his wife, Barbara, are members of the Order of St. Luke (an ecumenical world-wide healing organization) and are available for prayer after the service.

Also, following the service there is a fellowship hour in Bryan Hall.

Men are invited to join the Men's Prayer Time, which meets at 7:45 a.m. each Wednesday morning. We read from the devotional guide "Upper Room" for meditation and discussion, with time for coffee and fellowship.

This is a great time for men to come together and be strengthened. All are welcomed.

<u>Wednesday - 7:00 p.m. Midweek:</u> Prayer, Healing, and Communion Service continues in the Sanctuary.

This is an informal service of prayer, communion, and meditation on the healing ministry of Jesus.

Sunday Afternoon at 4:00 p.m. "Grief Share: Your Journey From Mourning To Joy" continues in the Friendship Room. This is a grief support group led by Pastor Earl and his wife.

There is a video presentation on such topics as "When Your Dreams Fall Apart," "The Session of Grief," and "Growing Through Grief."

The series is Christ-centered and Biblically-based, and includes sharing and <u>healing</u> prayer. This is open to all who are struggling with the loss of loved ones.

On Sunday, November 12th, at 6:00 p.m. in Bryan Hall, in recognition of Veterans' Day, there will be a showing of Steven Spielberg's award-winning film, "Saving Private Ryan."

There is no charge. The public is cordially invited.

You may sign-up at the coffee hour or call Debbie Most at 789-1195.

New members will be received on December 3rd, and there will be an orientation meeting with prospective members on November 19th and 26th from 7:00 to 8:30 p.m. in the Friendship Room.

Please call the church office at 786-7111.

Our <u>Christmas Bazaar</u> will be held on November 18th.

We need your help! We are looking for baked goods, candy, craft items, and clothing in mint condition for the Clothes Boutique.

Sunday. November 19th is "Blanket Sunday."
Lou & Matt Blackak will be in the Narthex on
November 12th and 19th to take donations for blankets.

These blankets are \$5 and are used for the needy in the area and around the world.

Members of the community are invited to participate in all the church events.

For further information, the church office is open from 8:30 a.m. to 12:30 p.m. every weekday; call 786-7111.

Holly Wreath Bazaar At Ag. Congregational Church On Saturday, November 18th

A Holly Wreath Bazaar will be held at Agawam Congregational Church, 745 Main Street, Agawam, on Saturday, November 18th, from 10:00 a.m. to 3:00 p.m.

Homebaked foods, dried flowers, wreaths, house plants, fresh Christmas holly and greens, handmade gifts, crafts, stylish clothes from our popular boutique, candy, attic treasures, and a children's corner for our youngest patrons are a few of the items that will be featured.

The Christmas Angel Cafe will be open from 11:00 a.m. to 2:00 p.m., serving three complete delicious lunch choices: 1) seafood salad plate with roll, pickles.

and chips; 2) a ham or an egg salad sandwich plate with pickles or chips; or 3) hot chicken vegetable soup and a half-sandwich, with choice of egg salad, ham salad, or seafood salad. Dessert will be a brownie with ice cream and chocolate sauce, or fruit compote (sugarless). Coffee or tea will be included.

A delightful food basket, including homemade goodies and many other treats, will be the raffle prize. Be sure to buy your tickets ... YOU could be the lucky winner!

Outside vendors will also be part of the fair. If you are interested, please call 786-7111 as soon as possible.

Agawam Baptist Church To Host "Holidays In The Park" On Saturday, November 18th

Agawam Baptist Church, 760 Main St., will host Holidays in the Park, November 18th, from 9:00 a.m.-2:30 p.m. Booths will include jewelry, candy, holiday decorations, crafts, and books. There will be a food sale with pies, breads, baked beans, cookies, and cakes.

Picnic lunches will be for sale. Sit, relax, and enjoy your lunch while listening to live music by Randy Spaulding and Jim White.

There will be fun for the kids with facing painting and and "ice fishing" grab bag. The tag sale could provide you with the opportunity to find what you have always wanted!

In addition to the special attraction, "Toolie" the Clown, you will have an opportunity to win a beautiful basket. Choose from dozens of baskets filled with wonderful gifts. There will also be door prizes and much more!

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice prior to your event. Thank you for your cooperation in this matter...

* * * * * *

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Spotlight on Business

"Cook's In The Kitchen"... True Family Flavor

by Kathy Shepard Feature Editor

Cook's In The Kitchen has been family-owned and is entering its fourth year in business.

They began by leasing 1668 Main Street in 1997, and in 1998 they added 1666 Main Street (right across from Six Flags).

Cook's In The Kitchen became known for their breakfasts and lunches, and for the dinners they served on Friday nights only. Now, there have been some serious changes made at Cook's In The Kitchen.

The restaurant has been remodeled, with a large dining room having been added for the new dinner menu.

"There is something for everyone now," owner Michael Cook told us. "In addition to our diverse menu, we offer a unique service: we will offer take-out and delivery to Agawam and Feeding Hills customers of any entree from our menu. I don't know of any other restaurant in town willing to deliver meals. We do this to offset concerns about traffic on our end of Main Street, as well as to better serve our customers.

"We hope to attract local clientele to dine here or to enjoy our cuisine in their homes," he noted.

The new hours of **Cook's In The Kitchen** are Tuesdays through Thursdays, 11:00 a.m. to 9:00 p.m., offering lunch and dinner; Fridays and Saturdays are open for breakfast, lunch, and dinner from 6:30 a.m. to 9:00 p.m.; and Sundays (just breakfast) from 6:30 a.m. to 1:00 p.m.

Some of their customers have had positive things to say about Cook's In The Kitchen, such as Guy & Jeannine Beauvais: "As residents of Agawam, we enjoy having breakfast at Cook's. They have a varied menu and a cheerful wait staff. The food is delicious, and you get great value for your dollar."

Kathy & Gus Mouneimneh of Feeding Hills commented, "We come to Cook's In The Kitchen for several reasons: the food is tasty, fresh, and always prepared to our liking; the service is friendly and prompt; and the restaurant is always clean!"

The Paine, Fairlie, and Hollenger families stated, "Friendly people, excellent food, and the best fishand-chips this side of the Atlanatic Ocean."

And Paula & Guido Winters reported, "Great food from an affordable family restaurant, where the staff knows their customers by name. It's become a homeaway-from-home for our family."

Other customers have given accolades to **Cook's** In **The Kitchen**, such as Dan & Sue Hall: "The food and service are top-notch, and the prices aren't hard to swallow."



COOK'S IN THE KITCHEN is located at 1666-1668 Main Street, directly across the street from Six Flags. Advertiser News photo by Kathy Shepard.



IN FRONT OF THE MURAL in the newly-remodeled dining room at Cook's in the Kitchen are (from left) - Ernest Wescott (chef), Erin Lightcap (waitress), James T. Cook (chef), and owners and operators Unity and Michael Cook. Advertiser News photo by Kathy Shepard.

An All-New Menu...

Cook's In The Kitchen opened November 1st with its renovations ready and an all-new menu.

Some examples of the new and exciting fare include baked haddock, served any night; scrod; baked shrimp, "Cook's Bayou Combo" of a half-rack of ribs and half a Cajun chicken; select prime rib will be available on Saturdays; baby back ribs with baked beans, cole slaw, and homemade cornbread on Thursdays; and "Cook's Gulf Coast Combo" of a half-rack of ribs with baked shrimp.

To name a few tempting desserts, Cook's will be serving cheesecake, brownie a la mode, holiday cakes, and pies.

Michael Cook added, "My family has been my foundation. My wife, Unity, and sons, Michael and David, my daughter, Leah, my mom, Virginia Cook, my brother, James Cook (chef) and my sister, Susan Larivee, have all been there and helped in too many ways to count"

Cook's In The Kitchen, at 1666 and 1668 Main Street, Agawam, is a family place and is well worth a visit!

On Tuesday, November 14th...

Building Expo 2000 & Employment Fair To Be Held At Chez Josef

The Home Builders Association of Western Massachusetts is pleased to announce that it will be sponsoring its 13th annual Building Industry Expo to be held on Tuesday, November 14th, from 4:00 to 9:00 p.m. at Chez Josef in Agawam.

This industry-related trade show is designed to allow residential and light commercial construction professionals the opportunity to network in a relaxed setting.

Booths of local and national exhibitors, representing the entire spectrum of the construction industry, will display the latest and most innovative products and services during this one-day trade show. Vendors include building material suppliers, manufacturer's representatives, subcontractors, and a host of other companies in the residential and light commercial market.

Industry experts will be on hand to answer questions as well as demonstrate their goods and services.

This year, the Building Industry Expo will be unveiling the first annual Employment Fair in conjunction with the show. Employers looking to hire building professionals will be on hand to talk to attendees directly about job opportunities within their firm.

Employers can meet with representatives from various vocational and post-secondary programs to see if they have the employees in which they seek.

The Home Builders Association will also have a booth at the Employment Fair to accept applications from prospective employees to be reviewed by its membership. Subcontractors looking for business opportunities with HBA members can also leave a company prospectus.

The Home Builders Association of Western Massachusetts is a trade association comprised of builders, remodelers, and allied professionals seeking to enhance the standard of the residential construction industry.

This successful show allows builders and remodelers the opportunity to network with their industry peers as they sharpen their business skills.

Admission is free for those affiliated with the construction industry. A complimentary hot and cold horsd'oeuvres buffet will be served during the show. Industry-related door prizes will be awarded.

To receive free admission tickets, explore sponsorship opportunities, or to obtain booth space, please call Tina Smith at the Home Builders Association of Western Massachusetts, (413) 733-3126.

Legal Memo

Alan L. Ferrigno, Esq. 546 Springfield St., F.H. (413) 786-9454



Slip, Trip & Fall Supermarket - Rippled Entry Carpet

The plaintiff allegedly tripped and stumbled on a rippled carpet entry at the front door of a supermarket. Though she regained her balance after flailing her arms and never actually fell, the plaintiff sustained a lumbosacral strain as a result of her forceful stumbling. She received treatment that inluded physical therapy.

Approximately a year after the accident, the plaintiff began to notice significant right shoulder pain and limitations. She had undergone a rotator cuff surgical repair a year before the accident. When she revisited the doctor who performed that surgery, he determined that she re-tore her rotator cuff as a result of the supermarket accident.

The plaintiff argued in trial that negligent placement of the mat allowed the ripple to exist. Testimony from the store manager indicated that the temporary weather mats were stored at the supermarket by placing them in a roled state into a shopping carriage.

The six-man jury returned an award of \$37,000. Including 31 months of statutory interest, the verdict resulted in a total recovery of 48,775.00. The adjuster withdrew the supermarket's highest offer of \$8,000.00 on the eve of the trial.

Attorney Alan L. Ferrigno maintains an office at Springfield Street, Feeding Massachusetts 01030. If you have a legal question, Attorney Ferrigno will attempt to address the same in this column. Please send any questions to the address listed above.

The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m.

The Agawam Advertiser News



Travel Talk ...

by Lori Keeley, CTC Travel Connections, LTD 10 Chestnut Street West Spfld., MA 01089 (413) 732-1313

The Holidays - A Perfect **Opportunity To Enjoy Walt Disney** World Resort...

There's no place more magical to celebrate the holidays than at the Walt Disney World Resort. Enjoy the merriment, music, and dance of the holidays with the Disney Magical Holidays package starting at \$199 per person at a Disney Value Resort from November 25th through December 20, 2000.

The Walt Disney World offers a variety of holiday festivities, which can be found throughout the resort

Magic Kingdom

Mickey's Very Merry Christmas Party is the only place that combines the fantasy and fun of the Magic Kingdom with the splendor of the holiday season. The cheery event is set for 8:00 p.m. to 1:00 a.m. the nights of November 30th, December 1st, 4th, 7th, 8th, 11th, 14th, and 15th.

Epcot

At Epcot, guests can enjoy Disney's Candlelight Processional - a stirring retelling of the Christmas story by celebrity narrators, a 50-piece orchestra, and a powerful, live 450-voice choir. The show is performed three times daily - 5:00 p.m., 6:45 p.m., and 8:15 p.m. - from November 24th through December

Disney-MGM Studios

With enough lightbulbs to light several city blocks, the famous Osborne Family Spectacle of Lights will bring a "whole new light" to the Disney-MGM Studios during the holiday season.

Packages include accommodations for three or more nights at a selected Walt Disney World Resort Hotel; dinner at selected restaurants within the Walt Disney World Resort; a choice of admission to either the Candlelight Processional at Epcot or to Mickey's Very Merry Christmas Party at the Magic Kingdom; and a coupon book with special Disney discounts.

Theme park passes and additional admissions to holiday events can be added to packages for an additional cost.

To visit the Walt Disney World Resort at the holidays, contact "Travel Connections, LTD" (413-732-1313) today for more information.

Coldwell Banker Keenan & Molta **Honored For Third-Quarter Performance**

Coldwell Banker Keenan & Molta Associates once again takes top honors for its third-quarter performance. Coldwell Banker Real Estate Corporation recently released its third-quarter awards.

Keenan & Molta Associates took the top two spots in Massachusetts in the following categories: Buyer Controlled Sales, Closed Revenue Units, Gross Commission Income and Listings Sold.

"Once again, we've proven that we get the best results for our clients here in Western Massachusetts. I'm so proud of our associates and our unique brand of Gold Medal service," said Robert P. Molta, President of Coldwell Banker Keenan & Molta Associates.

Sales Associate Priscilla A. Harman was named number one in Massachusetts for the third quarter in Buyer Controlled Sales, Closed Revenue Units and Listings Sold. She took the number two spot in Gross Commission Income. Harman is the Company Leader and is a multimillion dollar producer. She works in the Agawam office.

Sales Associate Debra E. Taylor was named number one in Massachusetts for the third quarter in Gross Commission Income. She took the number two spot in both Closed Revenue Units and Listings Sold and was named number three in Buyer Controlled Sales. Taylor works in the Springfield/Longmeadow office and is a multimillion dollar producer for Keenan & Molta.

Coldwell Banker Keenan & Molta Associates is the largest locally owned real estate company in Western Massachusetts, and the second largest real estate company in the greater Springfield area. The firm is the principal broker for Cendant Mobility, the largest relocation company in the world. Five offices and approximately 75 sales associates provide comprehensive home selling, home buying, mortgage and relocation services to the greater Springfield area.

Our "Spotlight On Business" is just one more reason why you turn our pages each and every week ... ADVERTISER NEWS!!!

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United Cooperative Bank Holds Open House





THE NEW UNITED COOPERATIVE BANK at 1325 Springfield Street, Feeding Hills Center, puts its best foot forward at an open house held on October 25th. IN LEFT PHOTO: James Lefebvre, Raymond Labbe, bank president and chief executive officer, and Richard Gaylord, Jr., chairman of the board. IN RIGHT PHOTO: Welcoming Kathy Ayre, president of Ayre Real Estate in Agawam Center, to the new United Cooperative Bank branch in Feeding Hills Center, were James Briggs (left), senior vice-president, and Bill Clark (right), vice-president of residential lending. Advertiser News photos by Kathy Shepard.





RONALD LALANCETTE (left) of Agawam attended the October 25th open house at the new United Cooperative Bank branch in Feeding Hills, as did Richard Blomstrom (center), president of Canary Blomstrom Insurance Agency in Feeding Hills. Bank officials in photo are Steve Daury, vice-president of commercial lending, and Sally Fuller, community relations officer. IN RIGHT PHOTO: Gina Fusick (left) of the new United Cooperative Bank branch in Feeding Hills Center, greets Linda Golfieri and members of the Ghareeb family - Alisa, Robert, and Christine - to the October 25th open house. Advertiser News photos by Kathy Shepard.

Stop & Shop To Raise Funds For Hunger

The Stop & Shop Supermarket Company has kicked off a month-long program to raise funds for local hunger relief organizations. Running now through November 25th, Stop & Shop stores (including the one in Feeding Hills Center) will have scannable pumpkins and turkeys available for customers interested in donating \$1 towards hunger relief.

"When we introduced 'All the Ingredients,' our new branding campaign, we affirmed Stop & Shop's values and dedication to customer service as well as a commitment to becoming involved with the various communities in Stop & Shop's operating area," said Stop & Shop's CEO, Marc Smith. "In the spring, Stop & Shop associates raised over \$3 million for the Jimmy Fund and we are continuing our commitment by assisting local hunger relief organizations. As we approach the holiday season, we feel it is important to support those in need," Smith continued.

Stop & Shop has committed to the cause by donating turkeys to its local food bank partners. The company plans on helping to feed approximately 200,000 individuals through the turkey donation. Based on last year's program, Stop & Shop anticipates giving away over 10,000 turkeys. Stop & Shop will also match a portion of the funds raised through the Thanks for Giving/Food for Friends program.

According to America's Second Harvest National Food Bank, over 21 million recipients are served by food bank networks. More than eight million of those recipients are children.

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COMMON SENSE

Raymond Rose Rose Real Estate Group

Phone: (413) 789-9840 Voice Mail: (413) 846-0961 E-mail: RaymondRose@aol.com

Announcing The Area's Newest Realty Company - Rose Real Estate Group...

Dear clients, friends, and business associates: I am very proud to announce the formation of this area's newest realty company, Rose Real Estate Group. Effective immediately, we are offering Exclusive Home Buyer Agency services to you and your friends. Please allow me to give you a little background as to the beginnings of our company...

As many of you know, early in the year 2000, I transferred my ownership position in The Pioneer Group to Don Thompson, who immediately thereafter became associated with the "Realtec" real estate franchise, a system that offers real estate and mortgage opportunities to the broker/owner of a firm. Also, effective September 14, 2000, Realtec, The Pioneer Group began listing houses for sale, and thus, they no longer offered Exclusive Buyer Agency services.

Because I firmly believe that all home buyers deserve the opportunity to be fully represented in any real estate transaction, I, along with my brother, Ken, have opened up our new real estate firm. To our knowledge, we are now the ONLY company throughout Hamden County that offers these unique services to protect ALL home buyers.

What's especially exciting to us is that we have taken the many systems that Ken and I used at The Pioneer Group and have improved them through the use of technology ... we're better/quicker/easier than ever! And because our goal is to keep our firm small, it gives us more time than ever before to serve our clients with the highest levels of professionalism and care and contribute to the community.

Those of you that know us well will understand that our business plan is extremely thorough and precise ... and we fully anticipate an extremely successful real estate operation for both our clients and ourselves. Also, I am going to ask you to do two things for me...

- (1) Please make note that my e-mail address (RaymondRose@aol.com) and my voice-mail number (413-846-0961) have remained the same; however, my office phone number has been changed to 413-789-9840, and my fax number has been changed to 413-789-9847.
- (2) Because my business depends on word-ofmouth referrals from my many satisfied clients, I am asking each of you to please continue to tell all of your family, friends, and co-workers about the services that we offer as Exclusive Home Buyers Agents. I thank you in advance for your thoughtfulness!

As always, please be assured that Ken and I will serve all of my clients with the highest levels of professionalism and care ... and there will never be any fees, pressures, or obligations involved.

Thanks so much for your continued support ... here's wishing you the very best for a wonderful holiday season!





To make your bath look more spacious, keep all of the counterspace clean and clutter-free. It's best to move all personal items such as cosmetics, toothbrushes, combs, and hairdryers from sight.

And don't just shove everything into your linen closet or medicine cabinet - arrange items neatly because prospective buyers will look inside! This is a good time to go through cabinets and drawers and discard old medications and unused duplicate items. To increase your bath's storage capacity, add a few wire baskets or rolling storage carts if they don't clutter the room.

The Agawam Advertiser News



Timely Tips On How To Manage Your Finances

by Sue & Charlie Alvanos Personal Financial Advisors **American Express** 534-3883

Have You Insured Your **Most Valuable Asset?** (Part 2 Of 2)...

Tax treatment of benefits - In choosing your policy and benefit amount, be aware of whether your benefit would be subject to income tax. Because this is a complicated matter, it is best to consult your tax attorney.

In general, if you purchase a policy for yourself and pay the premium, any benefits you collect are income tax free. If your employer pays for your policy, any benefits you receive will likely be considered taxable income. An employer can pay with employer dollars (pretax) or employee dollars (after tax). If the policy is purchased with after-tax dollars, the benefits are nontaxable.

If you're self-employed and buy a policy, it becomes more complicated. Any benefits paid will be income tax free if you don't deduct the premiums, but will be taxable if you choose to deduct the premiums. According to the IRS, only a C-corporation can have the corporation pay the premiums for the employee/owner.

Benefits received will be taxable income to the owner if not reimbursed to the company by the employee/owner. If the employee/owner reimburses the corporation, benefits will be tax free.

However, other business entities (sole proprietors, S-corporations, partnerships) can have the entity pay the premiums for employees and take the premiums as a business deduction. However, the benefits received will be taxable.

Rely on knowledgeable advice. Because the many aspects of disability insurance can be confusing, you may want to consider consulting a financial advisor who is experienced in such matters. Considering how devastating a loss of your earning power could be to you and your family, looking into a disability insurance policy will be time well spent.

Newschu Real **Estate Welcomes New Associates**

CENTURY 21 Newschu Real Estate, Inc. is pleased to announce that Linda Lewis and Gary Arnold have joined its firm as Broker Associates. They will specialize in residential real estate sales in the Greater Western Massachusetts area.

"We are excited to have them join the CENTURY 21 Newschu Real Estate team of professionals," said John Schuler, Broker/Owner.

"It's an exciting time to be with the CENTURY 21 System as we continue to increase our presence in the Pioneer Valley," he added.

Gary and Linda have more than 35 years of combined experience in real estate sales. They have assisted hundreds of families buy and sell their homes. Nothing gives them greater pleasure than helping their customers realize their dreams and helping them out during difficult times.

Gary and Linda have completed our in-house training program, which focuses on quality service, fulfilling our customer and clients wants and needs to their satisfaction by understanding and utilizing all the resources available to us. "We believe training supports growth and professional excellence in the real estate industry.

Performance-based training is necessary to assure that CENTURY 21 associates maintain their competitive edge and offer the best service possible to their clients," said John Schuler.

Century 21 Real Estate Corporation is the franchiser of the world's largest real estate brokerage system, with more than 6,300 independently owned and operated franchised broker offices in more than 20 countries and territories worldwide.

Century 21 Real Estate Corporation is a subsidiary of Cendant Corporation (NYSE: CD).

CENTURY 21 Newschu Real Estate, Inc., located in the Crossroads Shoppes in Feeding Hills, provides real estate service to many communities in the Greater Springfield and the Pioneer Valley areas.

They can be reached at 789-1117 or visit their web page at www.century21newschu.com.

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For Your Health

The Atrium Makes **Contribution To** Alzheimer's Assoc.

The Atrium on Cardinal Drive in Agawam is a big supporter of the Alzheimer's Association Massachusetts Chapter. This year's Memory Walk, held recently at Stanley Park in Westfield, was a huge success thanks in part to The Atrium, as assisted living facility in Agawam dedicated to caring for those with Alzheimer's disease and related memory disorders.

In addition to sponsoring this yearly event, The Atrium sent a team of 74 walkers and raised nearly \$5,000 in support of programs and services offered by the Western Massachusetts regional office of the Alzheimer's Association. Plaques were awarded to the facility raising the most in pledges and having the largest team.

The Atrium is proud to say it took first-place for both. Margaret Timmons, who lives in Feeding Hills and is a volunteer at The Atrium, single-handedly collected \$1,655.25 from family and friends. Having cared for her mother, who lived for 10 years after being diagnosed with Alzheimer's disease, Margaret is all too familiar with the needs of those in similar situations.

Understanding and learning more about the disease and where to turn for help are reasons the month of November is designated Alzheimer's Awareness Month. If you are looking for help, of just beginning to gather information, The Atrium offers two monthly support groups free of charge and open to the public.

To receive more information or learn more about the role of assisted living, contact The Atrium at 413/821-9911, or call the local chapter of the Alzheimer's Association at 413/527-0111.

The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m.

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THE ATRIUM ON CARDINAL DRIVE IN AGAWAM sponsored a recently held "Memory Walk" to benefit the programs and services offered by the Western Massachusetts regional office of the Alzheimer's Association. Held at Stanley Park in Westfield, the "Memory Walk" featured 74 walkers from The Atrium and raised nearly \$5,000.



Seeking

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Read more about this in today's FOR YOUR HEALTH column.

from

Dan Pender

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Chiropractic Care

by Dr. Tami Nelson
Chiropractic Physician
Hampden County
Chiropractic
850 Springfield St.
Feeding Hills
786-4820

"Tidbits" Of Chiropractic Information

I always enjoy reading tidbits of information from my chiropractic journals. Some of the research happening can be quite interesting.

The journal "Neuroscience" recently reports a study from scientists in Belgium on learning. It states that learning a new task during the day continues into the night while you sleep. Brain-imaging studies show high levels of activity during the night in exactly the same brain areas that are active while learning a particular task. The activity occurs during REM sleep and, according to this research, appears to enhance learning.

The data suggests that a poor night's sleep after intensive learning leads to poorer retention or somehow prevents the brain from organizing the day's information properly. Hear that, college students? It may be better for you to attend classes during the day and sleep at night. Those all-nighters may not work as well as you think!

This next tidbit is very exciting. London dieticians say they've developed a "skin patch" to treat chocolate addicts. The patch uses aromatherapy to reduce cravings. It releases a mixture of scents (predominantly vanilla) that seem to curb the desire for chocolate and other sweet treats.

Overweight volunteers who tried it cut back their chocolate intake by 50 percent compared to those in placebo groups. However, the researchers don't quite understand why it works. The group is also working on a variation to reduce cravings for fatty snacks, such as potato chips. Now why didn't I think of this?

A new study from Finland reports that babies older than six months that are allowed to use pacifiers tend to suffer from ear infections more often. They found about 50 percent more cases of otitis media in a study of 400 children. The researchers suspect that sucking interferes with proper drainage of the eustachian tube. Researchers state that the use of the pacifier should be discontinued after 10 months.

German researchers recently conducted a study of 324 patients suffering from depression, comparing the efficacy of St. John's wort to a medical drug. The study concludes that St. John's is every bit as effective, and an even better choice if you consider the side effects of the drug. They recommend it be used as a first-line treatment for patients suffering from mild to moderate depression.

It's always exciting learning new information; it keeps me excited in my profession. If you have any questions, please contact our office.

Dr. Nelson maintains an office at 850 Springfield Street in Feeding Hills. She can be reached at 786-4820.

Flu & Pneumonia Vaccine Clinic For Agawam Seniors

A Flu & Pneumonia Vaccine Clinic for Agawam residents 65 and over will be held at the Pheasant Hill Community Building, 25 Pheasant Hill, Feeding Hills, on Monday, November 13th, from 1:00-3:00 p.m.

Agawam residents only, ages 65 and over, are asked to please bring their insurance card information and a donated, non-perishable food item.

ADVERTISER NEWS

Weldon Center To Conduct Chronic Pain Support Group On November 14th & 28th

The Weldon Center for Rehabilitation at Mercy Hospital sponsors a free Chronic Pain Support Group for sufferers, their families, and friends.

The next meetings will be conducted November 14th and 28th, 1:00-2:30 p.m., in room 224 of the Weldon Center, 233 Carew St.

The group is led by Glenn Fagen, Ph.D., a clinical neuropsychologist at the Weldon Center.

Dr. Fagen will discuss new technologies, theories, and treatments for chronic pain; participants will have the opportunity to share experiences and learn pain management techniques.

For more information, call Dr. Fagen, (413) 748-6996.

Mercy Hospital is a member of the Sisters of Providence Health System (SPHS).

The SPHS's member organizations provide hospital and ambulatory care, rehabilitation, behavioral health services, nursing home care, retirement living, employee health services, home care, and more.

The SPHS is a founding member of Catholic Health East, one of the nation's largest health care systems.

Catholic Health East facilities serve communities in eastern states from Maine to Florida.

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the ideal combination of independence and assistance in an atmosphere of genuine warmth and caring. This new assisted living residence offers the privacy and comfort you desire while still providing essential support and assistance with the tasks of daily life, all within a comfortable, caring and home-like atmosphere.

Privacy. We recognize the importance of privacy and personal comfort. That is why each assisted living apartment is designed to make you feel at home, complete with a kitchenette and private bath.

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needed. To simplify life even further, we also provide housekeeping, laundry service and scheduled transportation.

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At Fitness First

The Fitness First High School Strength Training will target the key areas of weight training to increase sports performance. Sessions begin Thursday, November 16th from 6-8pm, and will run 6 weeks. Ages 14-18.



6-Week Session begins: Thursday, November 16, 2000

When: 6-8pm on Thursdays

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At Fitness First

The Fitness First Junior High School Strength Training Program is designed as a first time, hands-on orientation to weight training. It is a special structured program, tailored for the pre-teen and younger teenager, 12-14 years of age. This program will introduce these students to the importance of strength training, and yet have fun at the same time! During this 6-week session our Certified Personal Trainers will supervise & cover many important area of fitness training. Each participant will receive a Fitness First Strength Training Certificate.

6 Week Session begins: Tuesday, November 14, 2000

When: 2:30-3:30pm on Tuesdays and Thursdays

\$25 Per Student (1 day a week: 6 - 1 hour sessions)

\$45 Per Student (2 days a week: 12 - 1 hr sessions)

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Baystate Medical Center's Healthful Gourmet...

Peter Savenko Of Agawam Offers Healthy Holiday Meals (Part 1 of 2)

Baystate Medical Center's Healthful Gourmet, Peter Savenko of Agawam, has a number of "healthful" recipes for you and your family to enjoy this holiday season.

"These special holiday recipes all use common sense, health-conscious principles and practices," said Savenko, director of Food and Nutrition Services at Baystate Medical Center.

"We have taken your classic turkey dinner and modified it to make it healthier," noted Savenko.

Among the modifications designed to make the recipe a "Healthful Gourmet" staple are:

* the use of tofu in a Cheddar Broccoli Bake recipe as a replacement for cheese and as a replacement for milk in a recipe for Strawberry Pudding. "The nutritional benefit of tofu is that it's completely cholesterol free, low in fat, and high in protein," said Savenko.

* margarine is used instead of butter and egg substitutes are used instead of eggs in order to cut cholesterol levels of recipes.

* minimal added salt was used for flavor.

* Savenko cooks the stuffing outside of the bird, especially if it contains egg or egg products, so that it will cook thoroughly.

* Savenko's recipe for cranberry relish offers a much higher fiber content than canned cranberry sauce and has no preservatives.

"When it comes to the holidays, although you should always be health conscious, don't be health foolish," said Savenko. "The holidays don't come very often and are meant to be enjoyed. An occasional splurge should not harm anyone if done in moderation."

Don't miss Baystate's own Healthful Gourmet, Peter Savenko, every Wednesday at noon on WGGB-TV Channel 40, with more recipes "To Your Health."

Tofu Cheddar Broccoli Bake

Yield: Six 4-oz. servings

Ingredients

1 lb. broccoli, coarsely chopped

8 oz. whole kernel corn

8 oz. firm tofu (drained)

8 oz. shredded low fat, low cholesterol cheddar cheese

1 medium Spanish onion, diced

1 cup plain bread crumbs

1 tbsp. chopped garlic

1 tsp. vegetable oil

In a large non-stick skillet, over medium heat, saute garlic and onions in 1 tsp. vegetable oil until transparent. Add 8 oz. tofu and continue to saute until the tofu is well broken up.

Place tofu mixture into a medium size mixing bowl. Add all remaining ingredients and mix thoroughly with a wooden spoon.

Pour all of the ingredients into a small Pyrex casse-

November Events At Heritage Woods

Heritage Woods Assisted Living is hosting the following events during the month of November. Events are open to the public and require advance registration. "Wellness Wednesdays" is one more way we are keeping our commitment to helping older adults live a full life.

Diabetes Awareness - Wednesday, November 15th, 5:30-6:30 p.m. Reservations required. Call (413) 786-9704.

Great American Smokeout Day - Thursday, November 16th, 5:30-6:30 p.m. Reservations required. Call (413) 786-9704.

Best local news with us ... AAN!!!

Baystate Medical Center's Healthful Gourmet, role dish. Bake at 350 F in preheated oven for 30 minter Savenko of Agawam, has a number of "health- utes. Serve hot out of the oven.

Roast Turkey

Yield: 1 big family

Ingredients

25 lb. turkey (well-thawed)

3 tbsp. onion powder

Prior to roasting the turkey, the following steps must be followed:

1. Turkey must be completely thawed under refrigeration prior to roasting. This can be accomplished by moving the turkey from the freezer 3 days prior to roasting and placing it in a shallow roasting pan where it can thaw in your refrigerator.

2. Remove neck and giblets from cavity of turkey.

Rinse interior and exterior of turkey with cold water.

The turkey is now ready to be roasted.

Preheat your oven to 250 F. Dust the turkey with the onion powder and then place the turkey breast down on wire rack in roasting pan. Place turkey into oven at 250 F for 10 hours. After 10 hours, turn turkey over breast side up. Increase oven temperature to 350 F. Put turkey back into the oven for 1 hour. Check internal temperature (in thigh). Temperature should read 160 F. If it does not read this temperature, put the turkey back in until it reaches the 160 F temperature.

Cranberry-Orange Relish

Yield: 8 servings (65 calories per 1/4 cup serving)

Ingredients

2 cups fresh cranberries, finely chopped

2 tbsp. grated orange rind

1 medium orange, peeled, sectioned, seeded, and chopped

1 medium-size green apple, cored and finely chopped

1/3 cup sugar

1/4 teaspon ground ginger

1/4 teaspoon ground nutmeg

Combine all ingredients in a medium bowl; stir well. Cover and chill overnight.

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by Dr. Joseph S. Schlaffer

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Dealing With Dizziness...

Recurring dizziness is often diagnosed as vertigo. Although medications are often prescribed to suppress the uneasy symptoms of this condition, treating the underlying cause is desirable. Inner ear and circulatory problems resulting in vertigo may be produced by drugs, stress, accidents, or by merely whirling about rapidly like many of us did as children.

The primary difference between the inner ear and circulatory dizziness is, in the inner ear type, it is like the merry-go-round or twirling sensation; whereas, the circulatory type becomes apparent when lying down or bending over and getting up quickly and feeling faint. It is possible to have both kinds.

Dizziness is not a disease. It is an indication that something is amiss in the delicate balance of our body. The dizzy spells are nature's warning that some disorder is interfering with the proper function of the body's organs, nerves, glands, or muscles.

All of the functions of our body are under the control of the nervous system, which is similar to a highly complex electronic system. The nervous system originates in the brain, where nerve energy is transmitted down through the spinal cord inside of our spine and branches out between the vertebrae as spinal nerves. Occasionally, the spine may twist or curve, creating a squeezing pressure so lightly that we are unaware of it ... except for the symptoms of dizziness.

There are various forms of treatment that may provide a degree of temporary relief, but the proper approach is to locate the CAUSE of the problem and correct it. The underlying cause of this type of condition is, in many cases, associated with spinal misalignments. The correction of the problem is a gentle realignment of the vertebrae of the spine to help the body heal itself.

If you suffer with dizziness, our office at 192 Shoemaker Lane, Agawam (tel. 789-1369), may provide the relief you are seeking.



303 Walnut Street Agawam 789-0489



"Let's Talk
About It"
by Dan Pender
Marriage &
Family Therapist
P.O. Box 449
Agawam, MA 01001
(413) 789-4460

Seeking A New Way...

This past week, an acquaintance approached me during a social gathering and asked if we could briefly talk about a very difficult family situation. She focused her attention on something she was told by another counselor about her relationship with her teenaged child that she didn't understand. She was told that they were "too enmeshed." She wondered what that phrase meant.

I had some working knowledge of her family history and was able to begin our conversation understanding what the counselor was trying to communicate. For I, too, had experienced their relationship as enmeshed. I responded to her by offering another way of understanding the term "enmeshed" that proved helpful to her. It is this understanding that I will spend some time today describing to you.

I prefer to use another clinical term instead of the word enmeshed, namely *fused*. This term conjures up the image of over-closeness and "stuckness." While this may seem judgmental at first, it is not intended to be so. In fact, it is merely a reflective term attempting to describe a reality that exists in many relationships. Perhaps you can relate to this parent's concern.

The concept of closeness (or, more appropriately, over-closeness) that exists in relationships is not limited to just parent/child relationships. It is much broader in scope and can pertain to all relationship dynamics to some degree or other. Fusion, in its typical state, could be viewed as the fingers of each hand interlocking to form a tight connection. Especially during moments of high stress, this relationship would look like fingers seemingly stuck together despite multiple attempts to separate. In fact, when one hand attempts to separate from the other, a certain amount of resistance is applied from the other hand that seems to tighten the bond even further.

I offered to the parent this metaphor as one possibility of what it may feel like to be fused to another. She agreed. I went on to describe that there are often many reasons fusion exists, especially when we consider one or both individuals expressing needs to be free from this often-debilitating relational dynamic. We briefly discussed how this way of relating can often be a behavior that is simply *known* (learned) in one's family upbringing, and/or could be an adaptive behavior to a difficult relationship situation. Either way, we discussed how any other healthy way of relating can not only be experienced as difficult to imagine, but can also be experienced as quite frightening.

For this parent, the idea they could try another more "healthy" way of relating was, at first, experienced as impossible. Fusion was quite alive. They knew no other way! The parent, however, also recognized a change was absolutely necessary. The dilemma was clear and apparent. She questioned me about how to achieve this new way of relating.

At first, she focused on the idea that her teenager would not let go, forcing things to remain the same. As we continued, the idea emerged about her side of the "dance" and the part she plays. She began to face what was in it for her to keep things remaining the same, despite realizing how 'stuck' she felt. This was my opening to ask, "What important life-giving issue could she directly face that could enable a possible shift in her side of the dance?"

Without getting into the details of her situation, the bottom line was that she recognized one very important issue immediately. It was how deathly afraid she is of having a life more for herself, separate from this child, while still remaining connected to this child in ways more flexible for each of them. She discovered in our few moments together that she wanted and needed to take a very different stance for herself. She wanted to consider herself in a bigger way without making life all about her child.

She verbalized that she relies on this child to meet many of her needs. Also, that she wants to offer her child a real chance to relate in healthy ways by mod-

eling a behavior more directly caring for herself. She described some very specific things she always wanted to do and ways of being that she has put off far too long. She left our conversation realizing what steps she needed to take relative to a specific decision needing to be made that week.

In her words, what she received was the *idea*, at least, that some "wiggle" room never experienced before in their connection was now possible. She was very aware of the challenge and pull to go back to the safety and comfort of the old way of relating. I supported this concern. I noted that this shift in the 'dance' is not easy to accomplish or to sustain, but

was very worthwhile and possible. Some professional support might be helpful. She concluded affirming the worth of each of them.

Please continue to e-mail, telephone, or write me with your feedback, relationship questions, and topics and "Let's Talk about it."

Dan Pender, MA, MFT, is a Marriage & Family Therapist with a private local practice. He is a Clinical member of the American Association of Marriage & Family Therapy and can be reached by e-mail at dpmft449@aol.com or P.O. Box 449, Agawam, MA 01001, (413) 789-4460.

Our classified ads cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 23 Southwick Street, Feeding Hills Center (above Remillard Insurance Agency), or mail them (along with payment) to P.O. Box 263, Feeding Hills, MA 01030.



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Latest Show By The Theater Project...

Neil Simon's "Proposals" At Majestic Theater

The Theater Project will present the Neil Simon comedy, "Proposals," from November 9th through December 9th at the Majestic Theater in West Springfield.

The play follows the funny and bittersweet moments of a family in the midst of its final visit to a beloved vacation cottage in the Poconos.

Several Theater Project veterans will appear in the production, including Dick Volker ("All My Sons," "A Few Good Men"), Ed Carey ("Man of La Mancha," "Side Show"), Julius Lewis ("Driving Miss Daisy"), Joni Cossaboom ("Man of La Mancha," "Side Show"), John Hart ("The Winter's Tale," "All My Sons"), and Amy Rist ("Man of La Mancha," "Side Show").

Other cast members include Cheryl La Riviere and Douglas James Reynolds. Local theater veteran Jeannine Haas will direct.

Wednesday, Thursday, and Sunday evening shows begin at 7:30 p.m.; Friday and Saturday evening shows start at 8:00 p.m.; and weekend matinees are at 2:00 p.m.

Tickets range in price from \$12 to \$20, depending on date of show, and can be obtained by calling the box office at (413) 747-7797.

Walk-in box office hours are Tuesday, Thursday, and Friday, 2:00 to 5:00 p.m.; Wednesday, 4:00 to 8:00 p.m.; and Saturday, 10:00 a.m. to 1:00 p.m.

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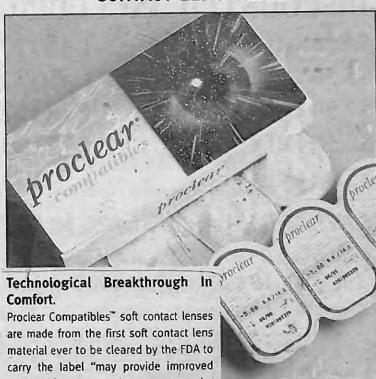
"Giant Peach" At Red Door Theatre



THE WORLD IS A DANGEROUS PLACE outside the Peach, as James and his insect friends find out in STAGE Children's Theatre production of "James And The Giant Peach," playing November 10th and 11th at 7:30 p.m., and November 11th and 12th at 2:00 p.m. at The Red Door Theatre. For tickets, call 789-2026. Back row: Greg Bannish, Frankie Roda, John Albano, Dana Allen, and Dot Vasichek; front row: Meredith Lowe and Kaila Pirnie.

If you visit the Advertiser News' new office at 23 Southwick Street, Feeding Hills (above Remillard Insurance), please note that our main entrance is in the back. Please park on the side of the building and use the back entrance. Thank you...

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"Real Kids' Stuff" 2...

In my ongoing attempts to ward off the unfortuneate evils of modern cinema from our youngsters, here are some more kids' films that, believe it or not, are REALLY for kids rather than just being marketed as so. Gundam Wing, Dragonball Z, and Digimon better take a backseat!

* "The Lion King": 1994. Rated G.

For decades, Walt Disney Studios has been the premier source for juvenile movie entertainment with classics like "Snow White And The Seven Dwarfs," "Pinocchio," and "Cinderella." "The Lion King" is a superb example of a contemporary Disney film that captures the magic you have come to expect from the studio and fuses it with the technology of today. The by-product is an over-the-top feature that boasts brilliant animation with star-studded voice talents.

The film follows the life of lion cub Simba, who aspires to replace his father, Mufasa, as king of the "circle of life." Simba is forced into exile by his nasty uncle, who undermines him as heir to the throne.

The voice talents in the film include such reliable names as Matthew Broderick, Whoopi Goldberg, Jeremy Irons, and "the voice" of James Earl Jones as Mufasa. The inclusion of these voice talents (partnered with the truly remarkable animation) makes for an experience that kids and adults can enjoy. Also worth noting is the Oscar-winning music of world-renowned composer Hans Zimmer.

In an age where seemingly every kids' film proves to be anything but, it's quite nice to still be able to trust the name Disney. Simba may or may not actually become king of the jungle, but Disney certainly is the king of true kids' entertainment! 4 STARS.

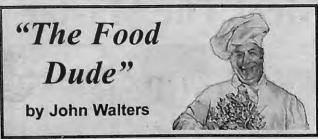
* "Toy Story": 1995. Rated G.

Disney does it again with a little help from Pixar Entertainment in this groundbreaking computer-animated feature about what your kids' toys do when they are alone and not being played with.

Enter Woody and Buzz Lightyear, the toy characters that quickly became beloved to children all over the world. Woody is a toy cowboy with the voice of Tom Hanks. Buzz Lightyear is voiced by "Home Improvement's" Tim Allen. When their owner, Andy, is involved in a birthday party, the toys become very concerned that they will be replaced by new toys given to the boy as gifts. So begins the adventure!

This film is remembered as one of the first fully computer-generated features in cinema. So well was the picture made that it is surely destined to be declared a masterpiece in the future. The action is entertaining to all ages and literally enthralls you with every sequence. This is the stuff that makes for wonderful kids' entertainment. Also listen for the voice of Don Rickles as Mr. Potato Head. (I know that sounds

SEE PISANO - Page 34



Cooking In The Crock Pot

Did you know you can send in recipes to me? Just send them to P.O. Box 741, Agawam, MA 01001.

If you have a crock pot, have you ever just sat and thought about why the food comes out so yummy? Cooking in a crock pot is "braising," which means cooking in a liquid at slow heat or low temperatures.

Tough meats come out fork tender because you let them cook all day long and break down the fibers. Pot roast in a crock pot is awesome. A nice pot roast for two or the whole family if you have a big crock pot.

Brown the roast in a fry pan. Add a cup of water to the crock pot, some beef boullion, and your spices. Drop the meat on top and start on slow. Leave it there all day.

When you come home at suppertime, all you need to do is make some mashed potatoes and a vegetable. The juices can be streched a bit with some more water. Thicken with a paste of flour and water, adjust your seasonings, and you have a wonderful meal in a short time. When cooking your roast, add carrots, celery, and onions. Don't serve these veggies. They are just for flavor.

Ever wonder why the gravy at a restaurant tastes different than yours? It's because of the veggies. They add a different twist to the taste.

You can do a chicken in the crock pot as well. Brown it up and follow the same directions. Add a little wine and you have a type of coc au vin. Use a better cut of beef. Add mushrooms and wine along with a healthy dose of sweet paprika and you're on your way to goulash. After cooking, try adding some sour cream to the gravy.

The possibilities are many. Cooking in your crock pot - quick and easy! Chili, soups, and stews. The longer you cook something, the more opportunity to release the flavors into the mix.

The next time you make chili, even if you are making a package chili, make it in your crock pot. It will not burn and you will love how it turns out.

Here is another little crock pot tip. For party foods, try slicing a kielbasa or two into the crock pot, then add a can of whole berry cranberry sauce. Let it simmer in the crock pot. When your guests arrive, put out the toothpicks and let them go to town. I have made that same dish with grape jelly. The sweetness and the sausage really complement each other.

Next time - what to do with cube steaks.

Always remember, It's not what you're eating, it's whom you're dining with.

I'll have more for you next week.



Come To The "Big Band" Dance At Agawam Baptist Church On November 10th

On Friday evening, November 10th, the "Memories Big Band" of Bud Halpin will be playing for a benefit dance in Bodurtha Hall at Agawam Baptist Church from 7:00 to 10:00 p.m. Admission is \$6 per person, and free refreshments will be served (with proceeds going to our church).

The Memories Big Band is a full-size "swing" ensemble (a 17-member group) of Connecticut- and Massachusetts-based musicians who are dedicated to reviving the music of the Big Band Era.

Their extensive library consists of tunes made famous by Benny Goodman, Glenn Miller, Tommy Dorsey, Harry James, Artie Shaw, Count Basie, and Duke Ellington. The band's vocalist, Diane Darrin, and other members take pride in presenting the swing classics as they were written and performed from the mid-1930's to the mid-1950's.

The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m. In addition to a library of swing tunes, they play a large assortment of waltzes, ballads, Latin rhythms, and sing-along tunes with a goal of appealing to all dancers and listeners.

How often do you get a chance to dance to a fullsize dance band of five saxes, four trumpets, four trombones, a rhythm section, and a vocalist with memorable tunes of that great era? Computer music and synthesizer sound is great, but the "real live" sound is wonderful and seldom available these days. Come to dance or just come to listen.



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27 Energy unit

31 Fifth tire?

33 Nevada city

34 Singer on 87A's

37 Lamont Cranston

39 Opposite of 76A

41 Fisherman's bait

46 Bird food favorite

50 Canonized femmes

52 Broadway "Aunt"?

54 Bone often kicked?

55 "_ On The Range"

57 Polynesian dance

58 Business deals

47 Rid of 5 o'clock

48 Part of a lock

51 Fine china

32 Blind as

radio show

35 Cable

38 Morays

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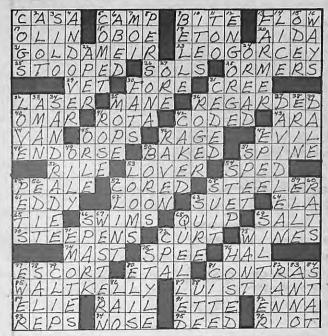
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- 25 Ebbs
- 26 Martini garnish sometimes
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- 30 Alaska prior to
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- 31 Dried up
- 32 Actress Eve 35 "... on a _ and a
- prayer"
- 36 Used block letters
- 40 Bar beverage on tap
- 41 Comes out on top
- 42 VIPs to a G.I.
- 44 "_ Haw"
- 45 Cape north of
- **Boston**
- 46 Achy
- 47 Malign 43 Old Nick's domain
- 49 Shave the crown
- 51 Elm's blessing
- 52 Billiard shot
- 53 Object
- 54 Shovel
- 55 Yesterday's chow
- reworked
- 56 Thing of value
- 58 Push rudely
- 59 It has 360 degrees
- 62 Offers at an auction
- 63 Oval office helper
- 64 but not all
- 65 Fawn's mom
- 66 A Gabor

67 Author A.A. 69 Mayberry stripling

- 70 Warsaw resident 71 When to watch
- soaps
- 73 Malignant
- 74 Used a fiddle
- 75 Adders
- 76 Let it stand
- 77 Consort of Ra
- 78 Upper body 80 Mime
- 81 Seasoned more
- than usual
- 85 Singer Gisele's program (with "Your")
- 87 Rochester was his handyman
- 89 Choir member
- 90 Of _ I sing 91 Melville title
- 92 Pete of baseball
- 93 Author Uris 94 Chopin's love
- 95 Rolls at sea
- 96 Thing at law
- DOWN 1 Toots on Broadway
- 2 Patriot Nathan
- 3 _ the Red (Norse
- explorer)
- 4 Did a blacksmith's
- job 5 Disburses
- 6 Newfoundland's
- ocean (abbr.)
- 7 Makes darker
- 8 Cite
- 9 Lord's better
- 10 Peer Gynt's mother
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- 12 III humor 13 Story
- 14 Kiln or oast
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- 17 Equalizer
- 22 First garden
- 24 "Mrs. '_ Goes To
- 59 Spring

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60 Flat fish

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- honcho
- 72 Large herring rela-
- 73 Somme summer
- 74 Source of light
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PISANO - from Page 33

ridiculous, but he does a great job!)

Director John Lasseter won a newly-created Oscar for his work on this film, as he is sure to be remembered as a pioneer in the computer animation genre that seems to be emerging in modern cinema. Having said that, I use the words of Buzz Lightyear to describe this new film genre: "To infinity and beyond!"

* "A Bug's Life": 1998. Rated G.

In true Hollywood fashion, the immense success that "Toy Story" enjoyed years earlier paved the way for another enjoyable computerized kids' film, "A Bug's Life." This film used the same principles that "Toy Story" used earlier in terms of larger-than-life characters and a universal conflict among them.

The film centers around a well-meaning ant named Flik who tries to prevent his kind from becoming grasshopper food after the grasshoppers' food supply is diminished. The voice talents of Denis Leary, Kevin Spacey, and one-time "Seinfeld" veteran Julia Louis-Dreyfus complement this feature.

The storyline is only average and is the biggest drawback to the film, thus keeping a child's attention in spite of this is virtually impossible. With children's attention spans being as short as you all well know they are, this is the proverbial straw that broke the camel's back

Aside from these slow-moving scenes, the rest of the picture still proves to be suitable for youngsters. Had the script been written more simplistically, the film would work much better for the age group it is marketed to; this is another sterling example of less is more. The production value of the film is top-notch, however, and saves the film from the dregs of the ordinary. 3 STARS

* "PISANO'S PICKS" REVIEW GUIDE: 5 STARS - Extraordinary; 4 STARS - Excellent; 3 STARS -Good; 2 STARS - Average; 1 STAR - Watchable; 0 STARS - Avoid.

Please send comments and film requests to "The Agawam Advertiser News," Attention: Lou Pisano, P.O. Box 263, Feeding Hills, MA 01030.

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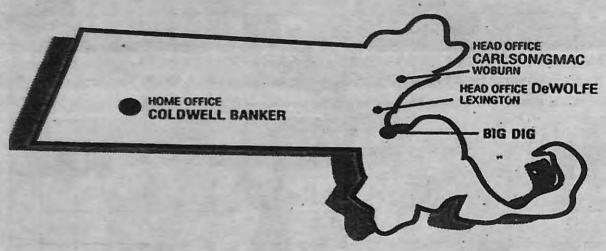
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ArtEsteem Presented To Jr. High Students By Local Artist

ArtEsteem, a program developed by Don Blanton, a local well-known artist and sculptor, and his assistant, Pam Pudlo, a former educator and current child life specialist, was presented to Agawam Junior High students students.

Blanton, a freelance artist, sculptor, and poet, is a native of Richmond, Indiana. After completing his tour of duty in Vietnam, Blanton settled in Springfield. He studied at the Merrick School of Art and Drama in Los Angeles from 1974 to 1976. Upon completion of his schooling, he returned to Springfield, the location of his current Distinctive Art Studio.

The intent of the program is to build self-esteem through the arts. And with art being a common language, the program is applicable to children and adults everywhere.

Blanton's work has been exhibited around the country. His murals are as far-reaching as Los Angeles and one of his most recent sculptures is currently being exhibited in Russia. One of the features of Blanton's work is his "Featherstone Collection," which features a very unique composition of design, shape, color, and texture and was created by Blanton after many years of research. It is a technique which gives the appearance of stained glass or marble when coated onto a natural product, such as wood, stone, or coconut shell.

Blanton has been recognized by the House of Representatives in Washington, D.C. for his judging of the Congressional Arts Competition, a duty he will assume again this coming year.

Agawam High School Slates Parents' Night

Agawam High School will hold a Parents' Night on Monday, November 20th from 7:00-9:00 p.m. This is an opportunity for you to discuss your child's report card with his/her teacher.

Report cards will be issued prior to Parents' Night. If you have questions about your child's progress, make sure you visit with his/her guidance counselor during the evening.





VISITING ARTIST DON BLANTON AND ASSISTANT TINA BERGSTROM with members of the Agawam Junior High School's Art Department (from left) - Sheila Spear, Blanton, Tina Bergstrom, Andrew Kraus, and Deb Florek. Advertiser News photo by Kathy Shepard.



ARTIST DON BLANTON and assistant Tina Bergstrom (left) were guests of the Agawam Junior High recently and are pictured with Junior High art students.

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Visiting Artist At Agawam Junior High



JUNIOR HIGH ART STUDENTS listen to visiting artist Don Blanton explain one of his works at his recent presentation of ArtEsteem.

Junior High School To Hold Fall Parents' Night On Thursday, November 30th

The Agawam Junior High School will conduct its which features brief meetings with teachers and staff annual Fall Parents' Night on Thursday evening, November 30th, from 6:30 to 8:30 p.m. (Parents should note the change in date; this event was originally scheduled for November 15th.)

All parents of seventh- and eighth-grade students are welcome to attend the annual conference night, members. Classroom secretaries will schedule fiveminute appointments with individual teachers that evening.

The Fall Parents' Night is an excellent opportunity for parents to visit the school where they may review their child's academic progress.

Peanut Products Eliminated From Grades K-6 Lunch

Effective Monday, November 6th, the use of peanut butter and peanut products has been eliminated from the Agawam School Lunch Program for grades K-6, according to Superintendent of Schools Frank A. Ameruoso.

This action is being taken upon the recommendation of the Agawam Board of Health. According to Town of Agawam Health Agent Randall G. White, the peanut allergy is one of the most common, and potentially fatal, food allergies. There is no cure or therapy for such an allergy and strick avoidance of peanut products is the only way to prevent an allergic reaction, according to White. Due to the severe nature of peanut allergies and possible fatal outcome, it was the recommendation of the Agawam Board of Health that the use of peanut butter and peanut products be eliminated from the school lunch menu. Over the past year, according to White, there were several incidents in our schools where individuals required emergency treatment after experiencing an anaphylactic reaction from peanut products.

The elimination of peanut products from the Agawam School Lunch Program does not prevent parents/guardians from including such a product in your child's lunch made at home. However, Ameruoso cautions parents on its use. "Children are known to share lunches with each other," said Ameruoso, "and at a young age, we are concerned that any child could be unnecessarily exposed to a potentially fatl situa-

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Mary Ann Studio Dancers Perform In Columbus Day Parade

Students and teachers from the Mary Ann Studio of Dance celebrated their performance in the recent Columbus Day Parade. Students from Agawam, Springfield, and surrounding towns danced and sang along the parade route to the newest and latest dances in precision time.

Students who marched ranged from ages three years-old to teenagers and adults. Three year-old twins Janessa and Kayla Erskine marched along with their mother, Janell, and their aunt, Kelly, and had tremendous fun waving to the crowds watching the parade. The Erskine family celebrated over 20 years as dancing students of Mary Ann's.

The Mary Ann Studio of Dance is located at the Agawam Congregational Church in Agawam and 438 Boston Rd. in Springfield. The faculty and staff have marched in every parade for the past 44 years. Mary Ann's students have gone on to dance professionally in the greater Springfield/Hartford area and New York and have won many awards and received many honors from civic and charitable organizations.

Students of the studio who performed outstandingly were: Krystina Albano, Brooke D'Amours, Leah Dominique, Nicole Eickelberg, Kayla & Janessa Erskine, Christine Fanning, Carole & Deborah Duquette, Jacklyn Gregoire, Heather Krassler, Ashley Hagedus, Kim & Emily Pirnie, Brianna & Hali Stanikmas, Victoria Parent, Laura Kennedy, Katlynn & Michelle Sullivan, Lindsey Opitz, Ana Zielinski, Andrea Meloche, Holly Krafchuk, Shannon Ramah, Stacy & Lindsey Sadowski, and Alyssa Zmaczynski.

The teaching staff of the studio includes Angela Shuman Grout, Tara Delskey, and April Mosher, all life-long residents of Agawam.

Agawam Middle School Counselor's News

by Thomas F. Dacey, Middle School Counselor

The Middle School would like parents to know that report cards for the first marking period will be issued on or about November 17th. Parents are asked to please sign and return the report card stub to the school as soon as possible.

Parents are advised to address immediately any problems they may see on their child's report card. Parents can check their child's Agenda Book to determine homework assignments. Prompt completion of homework is always essential to good grades.

The fifth grade students have recently completed Phase II of their study skills program. The counselor visited each fifth grade homeroom and showed a video which covered such topics as having a quiet place in which to study, taking good notes and making sure homework is passed in on time. The students completed a written exercise on the video which they were able to keep and bring home.



STUDENTS FROM THE MARY ANN STUDIO OF DANCE prepare for their performance in the Columbus Day parade.

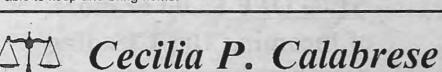




KEEPING WITHIN THE ERSKINE FAMILY tradition, twins Kayla & Janessa (in left pohto) are tap, ballet, and jazz students of the Mary Ann Studio of Dance. The Erskine family has been taking lessons at Mary Ann's for over 20 years and loved marching in the Columbus Day parade. IN RIGHT PHOTO: Mary Ann Studio of Dance teachers Tara Delskey, Angela Shuman Grout, and April Mosher are all lifelong residents of Agawam.

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From The AHS Guidance Office...

by Judy Cohen Agawam High School **Guidance Counselor**

Is The Road Too Wide?

Parents were called on the phone. Ben wasn't doing well in school. Numerous conferences had been held, the vice-principal had become involved, teachers were writing him up, progress reports were being issued, yet nothing constructive had occurred.

Inappropriate behavior continued to ensue. Ben would sleep in class, not do the prepared assignments, be tardy, or even skip school. His grades were at an all-time low. When punishments were issued for the infractions, he would choose not to do them.

Clearly, my interventions were not working. Something had to be done. Someone had to change and I didn't think it had to be me!

His mother was reached and came immediately to school. Sitting across from me in my office, Mom looked very agitated. Wringing her hands, she told me that she just didn't know what to do with Ben anymore. She talks to him, she threatens him with punishments, she reasons with him, etc., but to no avail.

And then, as I listened and looked at her, I saw her crumble in front of me and burst into tears. I waited for a moment, handed her the requisite tissue, and then gently asked her what punishments had been meted out. As she spoke to me, I realized that none had been enacted; they had merely been talked about. So, in essence, a lot of screaming had taken place, but nothing concrete had been done.

With further conversation, I was able to surmise that Mom and Dad never really followed through on their threats. It seemed that one parent would be the good cop and one would be the bad cop and Ben knew just how to play each one. A master at manipulation, he would make all kinds of promises to improve, his parents would given in, and Ben would start his downward spiral again.

I told Mom that the road was too wide. "Excuse me," she interjected, looking a little dumbfounded. "The road is what? I mean, what does that have to do with my son?" I hastened to explain.

"When the road is very wide, it gives you a lot of room to do different things as you drive. If allowed, you can make a u-turn; you can move from lane to lane. You don't have tight, tight boundaries. You can move a little bit more at will.

"Now, let's take a look at the narrow country road.

Agawam Library To Host Puppet Show At Phelps School

To celebrate Children's Book Week, the Agawam Library is sponsoring the puppet show, "Legend of Sleepy Hollow" on Saturday, November 18th at 2:00 p.m. in the Benjamin Phelps School auditorium.

The PUPPET PEOPLE will perform their comic rendition of Washington Irving's haunting tale, featuring marionettes, life-sized puppets, special effects, and music.

To reserve tickets for the show for Agawam and Feeding Hills children AGED 5 AND UP, call the public library at 789-1550.

AHS Band To Hold Can Drive

The Agawam High School Band will hold a can drive on November 11th at the Feeding Hills Redemption Center from 10:00 a.m.-4:00 p.m.

The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m.

You have to stay in your lane. You have narrow boundaries and must adhere to them. These boundaries make you travel 'on the straight and narrow.' Now follow me," I continued. "We can compare this to boundaries that you make for your child. If they are undefined, your child will venture all over the place. If they are too wide, he still may not know which way to go and will go off in different directions. But, if they are narrow, he will have no alternatives. He will know what route he has to travel in order to arrive at his destination."

Ben's mom looked at me and a light of understanding shone in her eyes. "I think I understand. My husband and I really have not made any firm boundaries for Ben. I guess we thought we were beind kind to him by not doing anything. We didn't mean any harm."

Shaking my head in acquiescence, I said, "I know. I'm sure you did think you were doing the right thing. But, Ben does need boundaries to help him stay on the right track. In addition, he needs to hear the same boundaries from you and your husband. Otherwise, as he travels down the road of life, he will be con-

I suggested to Ben's mom that she make a contract with Ben delineating what they expected from him and what consequences would follow if the terms were not met. The contract should be done with Ben present so he would fully understand why each point is being written. Mom went home and discussed my analogy and suggestions with Dad. A contract was drawn up. Part of it included the fact that Ben would lose his car until the marking period was over, grades were received, and there had been a marked improvement in grades and attendance.

Some weeks have passed, the progress reports look better, and Ben has come on time and regularly to classes. Let's hope this continues and that the boundaries will enable Ben to follow a straight path that will lead him to success in and out of school. The road is his to travel. Let's hope that he does it cautiously, sensibly, and intelligently

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Agawam Schools' Weekly Lunch Menu

Monday, November 13th: Steamed frankfurt in I I roll, oven potato rounds w/catsup, Boston baked I beans, green and wax beans, chilled fruit, milk.

Tuesday, November 14th: Rotini w/meat sauce, Italian bread & butter, steamed broccoli, chilled peaches or chocolate midnight cake w/icing, milk.

Wednesday, November 15th: Cheeseburg in I roll, steamed rice, seasoned niblet corn, cinnamon applesauce or chocolate brownie, milk.

Thursday, November 16th: Roast turkey w/whipped potatoes, seasoned peas and carrots, cranberry sauce, dinner roll, applesauce spice cake w/icing, milk.

Friday, November 17th: Cream of tomato soup w/macaroni, grilled cheese sandwich w/pickle chips, oven potato puffs w/catsup, jello w/topping or pineapple tidbits, milk.

"Tough Love" **Program For Parents** Of Troubled Kids

You are invited to "Tough Love," a self-help program for parents troubled by their kid's behavior to be presented on Tuesdays at 7:00 p.m. at the Church of Atonement, 36 Court St., Westfield.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice prior to your event. Thank you for your cooperation in this matter ...

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Agawam High School's Weekly **Guidance Bulletin**

MILITARY: Congratulations! Adam Escobar: U.S. Marines

COLLEGE REPRESENTATIVES: If you are interested in meeting with any of the following college representatives, you should sign up at least a day in advance in the guidance office. Please pick up your pass the day of the conference.

November 13th: Worcester Polytech, 8:30; Nichols College, 9:00.

November 14th: Mt. St. Mary, 9:30.

November 15th: Bridgewater State, 12:30.

November 16th: New Hampshire College, 8:00.

November 20th: Unity College, 7:45; Assumption College, 9:00.

SCHOLARSHIPS: See your counselor for more information or an application.

Henry David Thoreau College Scholarship: Massachusetts high school seniors with plans to pursue an interest in the environmental field may apply for an undergraduate scholarship totaling \$30,000, to be distributed \$7,500 per year, for tuition use only, to the college of the student's choice. Deadline: February 1, 2001.

The following colleges are offering merit scholarships to qualified students who enroll at that college: Wells College, Kettering University.

OPEN HOUSES: The following colleges are hosting Open Houses for prospective students and their parents. See your counselor for more information.

Towson University: November 17th and December 3rd.

The College of New Rochelle: November 12th.

FINANCIAL AID NIGHT: Will be held on Tuesday, December 12th, from 7:00 to 9:00 p.m. in the High School cafeteria. Dr. Lee Sirois, an expert in the field of financial aid, will give a general overview of the financial aid process, followed by specific instructions on how to complete the FAFSA and Profile. Both the FAFSA and Profile forms will be available. A questionand-answer session will follow. Interested students and/or parents are invited to attend.

Fitness First Offers "Mini Session" Swim **Lessons For Children**

Fitness First will be holding a four-week "Mini Session" of swim lessons for children beginning the week of November 27th. Sign-ups for members only will be on Tuesday, November 14th, from 9:00 a.m. to 12:00 noon (and thereafter); sign-ups for non-members will begin on Wednesday, November 15th, from 9:00 a.m. to 12:00 noon.

Space in all classes is limited and is on a firstcome, first-served basis. Children (ages six months and up) are invited to participate in classes.

Sign-ups must be done in person. Phone registrations will not be accepted during these two time periods, but will be accepted thereafter.

The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m.

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DEN LEADER CHERYL FENNYERY hands out activity pins to first- and second-year Webelos at the October 18th Pack 75 meeting.

Pack 75 Scouts Receive Activity Pins

At the October 18th Pack Meeting of Cub Scout Outdoorsman, Aquanuat, and Forester. Pack 75, 1st and 2nd year Webelos Den Leader Cheryl Fennyery passed out the following activity pins to the scouts. Ten scouts from the group worked very hard earning their pins.

Colby Cannizzaro, a second-year Webelo, earned Craftsman, Forester, Family Member, Outdoorsman,

Timothy Riley, a second-year Webelo, earned Outdoorsman, Sportsman, Showman, Traveler, and Family Member.

Josh Grimaldi, a first-year Webelo, earned Bobcat. Aquanuat, and Outdoorsman.

Corey Fennyery, a first-year Webelo, earned Aquanuat, Forester, and Outdoorsman.

Ryan Liebel, a first-year Webelo, earned

Jarett Maynard, a first-year Webelo, earned Forester, Aquanuat, and Outdoorsman.

and Sportsman.

Outdoorsman and Aquanuat.

Forester and Aquanuat.

earned Aquanuat, and Forester.

To join Pack 75, call 786-2309 and leave a message. Grades 2, 3, 4, and 5 meet on Wednesday evenings from 6:30-8:00 p.m. Pack 75 is sponsored by Sacred Heart Church in Feeding Hills.

David Hebert, Jr. a second-year Webelo, earned

Jake DePalo, a first-year Webelo, earned

Mason Dunn-McDonaugh, a first-year Webelo,

Matthew Hastings, a first-year Webelo, earned

Outdoorsman, Craftsman, Forester, Family Member,

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Annual Pumpkin-Carving At Granger School





GRANGER SCHOOL IN FEEDING HILLS again held its Annual Pumpkin-Carving event in the foyer. IN LEFT PHOTO: Grade one teacher Sharon Mitchell is pictured with students Stephanie Roulier, Vince Wetmore, Kara Franaueza, and Sara Coache. IN RIGHT PHOTO: Grade one teacher Nancy O'Keefe is pictured with Evan Lottermoser, Leisl Board, Leah Burns, Alexander Paleologopoulos, Larissa Cassie, and Alexandra LaCroix. Advertiser News photos by Kathy Shepard.

St. Mary High School Schedules Nov. 18th Fundraising Dinner

A pasta dinner will be held on Saturday, November 18th, at the St. Mary High School gym at 27 Bartlett Street in Westfield. Seating begins at 5:00 p.m. and continues through 7:30 p.m.

All proceeds will benefit the high school.

The chef will be Father John, who is well-known for his culinary expertise. The evening should prove to be an opportunity to have a great meal and will benefit the high school as well.

Please call the school for tickets at 568-5692.

The adult ticket price is \$6; children ages five to 12 will pay \$3. Hope to see you there!

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The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m.



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Babbin & AHS Gymnasts Roar To 18-0 Mark

by Dave Rollins Sports Editor

The Agawam High gymnastics team has to have the most bodacious turnaround in memory.

Last year, they went 0-20. Before that, they had been the Western Mass. champs. Now they are 18-0 at this writing. Your head has to spin on this.

Coach Allison Bonnymen commented, "I knew we'd be in the game this year, but not like this."

Agawam has a bunch of blue chippers. The number one kid is sophomore Andrea Babbin. She is a newcomer and so far has taken the Western Mass. gymnastics community by storm.

She is an outstanding competitor in every discipline and a sure bet for All-Western Mass. honors.

"I have to say this about Andrea: I never knew that much about her because she came to us as a sophomore and she wasn't here when I started as the coach last year.

"But she is a kid who is great for a coach. Andrea needs no special treatment. She is totally self-motivated and disciplined," Bonnymen said.

There are others on this outstanding team who have stepped up.

"Yeah, I could mention a lot of kids, like senior veteran Liz Clark, the Malloy twins (Alicia and Kate), Mary Zajac, and Kate Nelson. But they all are doing the job. And if I leave anyone out, I'll hear about it."

This team is not just about who is the best, according to the coach.

"They just want to win. That is what they are going for, and they've worked so hard towards that goal. Even if they weren't on a team as good as we are, they'd still be so motivated to be the best they could be," the coach said, adding, "Last year, when we had problems, it was personal goals. That helped them for this year."

The Western Mass. gymnastics scene is a tough one. But Bonnymen says it is time again for her team-

"Some of the best clubs have lost very good athletes, some have graduated, and some are going to private clubs. I'm talking about powers like South Hadley (PVIAC League Champions, Western Mass. runner-up) and Pittsfield (Western Mass. champions).

"We have a young team, and I don't see any of them leaving us."

The Western Mass. Tournament will be held this year at Chicopee Comp. "We will have to show the confidence we've displayed all year to win that tournament," remarked the coach.

Then she mentioned something very interesting that maybe all fans of high school gymnastics should take into account.

"If you are having a meet at your gym, it's your responsibility to set up all the equipment. That is exhausting and saps your strength.

"The home team has to do that. Think about it," stated Bonnymen.



THE LEADERS OF Agawam High School's gymnastics team for the fall 2000 season (from left to right): co-captain Dolores Cuccovia, Coach Allison Bonnymen, and co-captain Elizabeth Clark. Advertiser News photo by Dave Rollins.



THE MEMBERS OF THE GYMNASTICS TEAM at Agawam High School. Back row - Dolores Cuccovia (co-captain), Allison Morris, Andrea Babbin, Coach Allison Bonnymen, Jessica Tully, Elizabeth Clark (co-captain), and Katie Malloy; middle row - Eva Udobina, Brittany Taylor, and Alicia Malloy; front row - Nicole Margiotta, Mary Zajac, Katie Nelson, and Sara Caplette. Advertiser News photo by Dave Rollins.



Varsity Football...

Strong First Half Vs Lancers Gives Brownies Some Hope

by Dave Rollins **Sports Editor**

For one-half of the football game last Friday evening (November 3rd), Agawam High put forth perhaps its best performance of the season against host Longmeadow. The half ended, 13-3, Lancers.

True, they went on to tune-up the Brownies in the second half on their way to a 35-10 win and a 7-1 record.

But, as Brownie Coach Tad Desautels, suffering through maybe his worst season as a head coach (0-9, 0-8), has said, "These kids are learning. They don't give up."

And Agawam didn't. You could say they just gave out against a team with some big motivation (the win over Agawam and a win this Friday night at Chicopee will get them into the playoffs) and a whole lot more experience than the Brownies.

The Lancers scored on their first possession of the game after Agawam went three and out. It was on a 40-yard pass play at 8:38 of the first guarter after Longmeadow took the Brownies' punt at its own 49.

Down 7-0, Agawam commenced its second go at the ball from the 17-yard line. They managed to get it to the 50 before the Lancers' "D" stiffened up and took over on downs.

The Brownie defense also showed some juice of its

own, shutting down the potent Longmeadow offense and getting the ball back at their 17.

It was the Brownies' ball to start the second quarter. They gave it up on a punt, and Longmeadow had semi-good field position at its 30. Again, the Agawam defense distinguished itself, shutting down the Lancers.

After the punt, Agawam had the ball at its 43-yard line. They went backwards and once again kicked it

With 6:13 left in the half, Longmeadow (starting at its own 27) drove to Agawam's six-yard line and took it over on first and goal to make it 13-0 with 3:11 on the clock. The kick, a knuckleball, failed.

Brownies Try To Air It Out...

Agawam had the kick-off at its 30 and tried to air it out. Junior running back Vitaly Dzhenzherukha grabbed a 40-yard bomb from sophomore quarterback Joe Clark and got the ball to the Lancers' 40.

Two runs by Vitaly saw Agawam camped on the host's 15.

An incomplete pass saw them facing a third and long. Vin Tirone came on and kicked a 26-yard field goal with just over half a minute left to bring the team

into the lockerroom, 13-3, Longmeadow.

The Lancers, aware at the half that (despite the score) they were getting all they needed from the Brownies, inserted an adjustment here and a revised game plan there and took control in the second 24 minutes.

They scored on a pass with two minutes and some change into the third quarter, making it 21-3 with the two-point conversion. Last year's Suburban League champs and Division II Super Bowl champions weren't done.

With just under five minutes to play in the third, they stung the Brownies again to run the score to 28-3.

Agawam would get a bit of it back when Vitaly went in from seven yards out, as play wound down in the third. Longmeadow would close out the scoring as time ran out, making the final, 35-10.

Agawam will next play Minnechaug at Harmon Smith this Friday evening (November 10th). Rain is forecast, so bring that bumbershoot.

The Falcons are having less than a championship season themselves (1-7, 0-7). So just maybe the Brownies - with the help of the home folks - can stop the rain on their parade and gut out a win.

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Scholar-Athletes End Careers For Brownies' Field Hockey...

Profile...

Nicole Dominick Has "Heart" When It Comes To Playing For Agawam High

by Dave Rollins
Sports Editor

Nicole Dominick is an outstanding student-athlete at Agawam High School. Recently, the senior took some time out to talk about herself and her time as a Brownie. Dominick is 17. Her birthday falls on April 11th

She has spent all four years of her secondary education at the High School. This semester, she is taking AP English 12, physics, psychology, AP calculus, and yearbook (layout staff). She is the president of the National Honor Society and is a member of the Renaissance Club. Dominick is also the student government treasurer.

Right now, her GPA makes her the second-ranked student in the senior class and a candidate for salutatorian. Her top courses are AP biology and psychology. Mrs. Kathy Mouneimneh (English and a senior class advisor) is her top teacher.

Dominick has several colleges under scrutiny. While it's still early, Tufts in Boston interests her. She's like to major in biology and eventually go into premed.

Her sport is field hockey, where she was a two-year member of the varsity. She enjoys field hockey because she says everyone on the team is a friend and it's a challenging game to play.

Her most memorable sports moment was the final game this year - a 0-0 tie against West Springfield, where the Agawam defense carried the day.



NICOLE DOMINICK

two straight wins. The whole team worked well together. And the seniors enjoyed their final season."

Strav berry ice cream is her favorite food. Red is her favorite color.

Any kind of red convertible would be her car of choice.

The Springfield Falcons top her list of teams.

SEE NICOLE DOMINICK - Page 45



CORINNE BUTOVA

Profile...

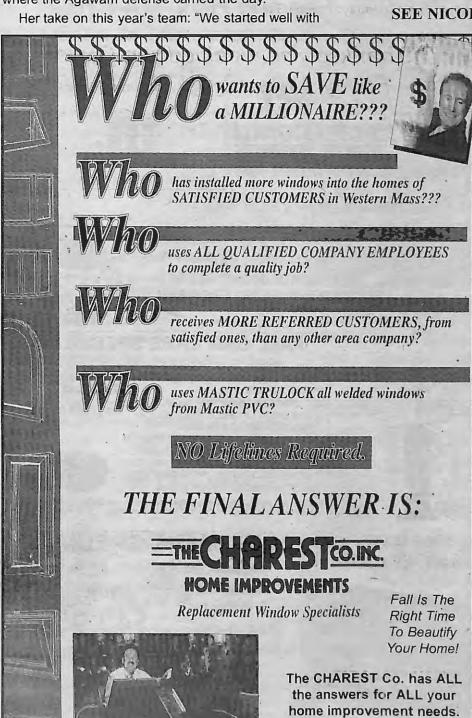
Corinne Butova Called "Complete" Team Player

by Dave Rollins Sports Editor

Corinne Butova is another very good athlete (field hockey) and also a top student at Agawam High.

The senior took some time out to discuss her days at AHS. Butova is 17 with a birthday on January 6th. She has spent four years at the school.

SEE CORINNE BUTOVA - Page 45



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The Agawam Advertiser News

CORINNE BUTOVA - from Page 44

Daggett Girls Excel At Nov. 4th Society as well as the Renaissance Club. **Gymnastics Opener**

The women's gymnastics team from Tim Daggett's Gold Medal Gymnastics of Agawam traveled to compete against rival Thompson's Gymnastics at their gym in South Hadley on Saturday, November 4th, for their first meet of the 2000-2001 season. Thompson's competed in skill levels four through nine, while Daggett's brought their second-year fives through seven groups. All age groups participated.

In Level 7, each of the girls placed in one or more events. Joy Higley of Suffield, CT, took an All Around first in the 14 and older group with a 33.0. Caitlin Ronstrom, from Feeding Hills, led the 12-13 year-old group with a first on Floor and a tie for first on Balance Beam, thus earning the All Around title with a 36.3 score total. She was followed by the Lee sisters from Windsor Locks, CT: Danielle, who took first on Vault, 9.30, and Christy, who captured first on Bars with a 9.45. Their totals were 35.70 and 34.55, respectively.

Kimbery Denue of East Windsor, CT, took the other half of the Balance Beam winning tie. Jamie Basilone, from West Springfield, took firsts in Vault, Floor, and Bars in the age 10-11 division, scoring twice over 9.0 and totaling 35.60 in All Around.

For the Level 6 girls, Rachel Weiss of Longmeadow scored an 8.9 on Vault and 8.25 on Floor to lead the 12-13 year-olds in All Around scoring. Nora Parsons, from Suffield, CT, took first on Vault with a 8.65, and Rachel Foltz, from East Longmeadow, took a first for the team on Bars.

Britany Bolella, from Enfield, CT, led the 10-11 age division with a 8.85 win on Balance Beam, 8.10 on Vault, and 8.00 on Floor, winning the All Around with a 32.50. Britany Laflamme of Feeding Hills excelled in the 7-9 division with a high 8.75 on Vault, 8.50 on Floor, and 8.45 on Beam.

In Level 5, several of the girls had standout meets. In the 11-12 year-old group, Amy Damon of Southwick had a great Floor routine, scoring a 8.75, which helped her to the All Around lead with a 33.65. Erika Ellis, from Westfield, had a 8.70 on Floor and 33.30 in All Around. Nicole Eastman of Windsor, CT, scored 33.30, and Ashley Watson of Enfield, CT, scored 32.65.

In the 9-10 year-old division, Kayla Levreault of Southwick and Angela Oddo of Windsor Locks, CT, both totaled 30.35s, with high scores on the Floor event.

NICOLE DOMINICK - from Page 44

She likes to kick back and relax at her home.

Dominick likes both casual and dress-up clothes. She buys them at a new store in the Holyoke Mall -H&M, which has a New York City flavor to it.

She likes all kinds of music except rap.

"Monday Night Raw" and "Roswell" top the tube for her, while "Dirty Dancing" is her favorite flick.

Margie is her mom. Ralph is her dad. She has a brother, John (11), and a sister, Kara, who is a junior and also a member of the varsity field hockey team.

Dominick says she looks up to the women in her family - her mom, her grandmother, Felicia (on her mom's side), and her aunts, Mary Ann (on her mom's side) and "Ro."

Dominick would like to be remembered when her days at AHS are done as someone who worked hard, cared a lot about people, and listened to them.

Field hockey Coach Carla Lemnah-Warner calls Dominick "a quiet, unassuming kid who played a lowkey yet upscale game with all her heart and never gave up."

Our coverage of local sports is just one more reason why you turn our pages ... ADVERTISER NEWS!!!

This semester, Butova is taking physics, calculus, English, and journalism. She is on the yearbook layout staff. Butova is a member of the National Honor

She is also president of student government and the editor-in-chief of the school paper, the MIRROR. Her grade point average is currently tops in the senior class, which means she could possibly be the valedictorian come graduation time.

AP biology is her favorite course.

As far as teachers go, Butova says she likes all of them. She has several schools in mind for next fall. Right now, she's leaning towards Holy Cross in Worcester. She would like to become a psychiatrist.'

Butova participates in two sports, field hockey and track (two-mile). She likes field hockey the best.

Her most memorable sports moment came this year (last month) in the second Southwick High game - a tough, 3-1 loss to the heavily-favored Rams. "We just played great in that one," she smiled.

She saw this field hockey season as one where they could have played harder at times. But when they did play well, usually positive things happened. She

felt the team's problem came in its inability to score

Mashed potatoes are her favorite food.

Red is her hue of choice.

Her ride would be the car she owns now, a Volkswagen Jetta.

Figure skater Tonya Harding is her favorite athlete. She likes to hang out with her friends.

Butova likes fashionable clothes and buys them at a store called Lerner, New York.

Dave Mathews and N'Sync are her favorite groups. "Dirty Dancing" is Butova's top flick.

Karen is her mom. John is her dad. She has two brothers, John (16) and Cameron (12).

The person Butova looks up to is her mom.

When her days are done at AHS, she would like to be remembered as a nice, friendly kid who worked hard at everything she did.

According to field hockey Coach Carla Lemnah-Warner, Butova was 100-percent motivated and dedicated since the first time she stepped on the field. "Corinne was a complete team player," the coach told

Town Of Agawam Parks & Recreation **Department Sponsoring Youth Volleyball**

The Town of Agawam Parks & Recreation Dept. will sponsor Youth Volleyball, where youth will learn the fundamental skills, techniques, and strategies of volleyball while practicing and playing in this fun new program.

There will be separate divisions for both boys and girls in grades four through 12 and the sessions will be held at the James Clark Elementary School gymnasium.

The boys' division will meet on Tuesdays,

November 14th through December 12th. The girls' divisions will meet on Thursdays, November 9th through December 14th.

Grades four through eight will meet from 6:00-7:00 p.m. and grades nine through 12 will meet from 7:00-8:00 p.m. Cost is \$5 per person.

Registration is now taking place at the Parks & Recreation Office located at the rear of the Agawam High School.

The deadline for our Thanksgiving week edition (Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m.



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The Future Of Girls' Volleyball At AHS



PICTURED ABOVE ARE THE members of the fall 2000 girls' junior varsity volleyball team at Agawam High School. Back row - Michele Figella, Monica Davilli, Ashley Blanchard, Jenine Davignon, Rebecca Berta, and Brittany Theriaque; middle row - Carlie Colson, Rebecca Leupo, Amanda Bruno, and Brieane Nicklaw; front row - Coach Jennifer Ellis. Advertiser News photo by Dave Rollins.

Boys' Basketball Clinic Scheduled At AIC

The first annual 2000 AIC Intensity Basketball Clinic for boys ages eight through 17 will be held on Friday, November 24th and Saturday, November 25th from 10:00 a.m.-1:00 p.m. at Butova Gymnasium.

This clinic will feature AIC men's coaches. The clinic will include one-on-one college instruction, shooting

The first annual 2000 AIC Intensity Basketball instruction, and competitions. There will be prizes for linic for boys ages eight through 17 will be held on each age group, which will include AIC tickets.

The fee for the clinic is \$20 for Friday only or \$30 for both Friday and Saturday. For more information, contact Paul Scoville at 413-747-6563 or pscoville@att.net.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice prior to your event. Thank you...

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Tri-Parish Bowling League...

Catholic University Wins Round One By Trouncing St. Louis

On Monday, October 30th, Catholic University won the first round of the season in the Tri-Parish Bowling League by sweeping St. Louis, 4-0. It was all CU in this match; St. L did not mount a challenge. Joyce "Fiercesome" Ferrero bowled a 299 and Glen "Not Sam" Adams had a 301 for St. L, and that was all the offense.

For CU, Cori "Lefty" Napolitan ran off a neat 321, which included a 117 high string. Anchor Kathy "Big Cat" Burlingham was the big, big cat with a 386 total and strings of 124, 133, and 129. Good work, CU bowlers - see you in the rolloffs!

In other matches, Georgetown split with St. Mary and (because St. L lost four) G'T ended up in second place. St. M had three bowlers over the 300 mark but couldn't overcome the strategic high games for G'T.

Mary "Patsy" Patnaude" hit a 301, Don "Reb" Stitt added a 310, and anchor Rich "Golden" Snyder" chipped in a 309 for St. M. For G'T, Tom "Thumb" Massotti had a good night with a 312, and "Mighty" Debbie Poirier took the measure of her brother by rolling a 351. I guess "Mighty" is better than "Golden" (at least on this night).

Notre Dame bowled against Fordham due to a fifth and sixth finish going into the position-type rolloff. It ended in a draw, as ND came up with a super third string to win that point and total pinfall (by two pins).

For ND, it was all anchor bowler Paula "Wild Thing" Burke, who had a 348 night with a 143 third string. For F'ham, Flo "Rocky" Rochford helped with a 292 and anchor "Jolly" Olly Muldrew hit a 363 to win the first two games and get close in the third. ND had all of its bowlers over 100 in that one to run off a 532-pin string. "Wild Thing" could do no wrong and was far from wild; her 143 string included a triple strike.

In the final match-up for sole possession of the cellar, Holy Cross held off Boston College and stuck

SEE BOWLING - Page 47



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BOWLING - from Page 46

them with the reverse title. It was a close match, with HC winning the first string by six pins. BC came back to win the second by 19, then HC took the third by nine (so the point for total went to BC by only four).

For HC, Ron "The Don" Menard was off his form and could only hit a 312 (still high for his team). For BC, Betsy "Loaded" Cannon fired a 310 to lead her team, as Jon "Money" Robarge was still caught up with the falling stock market and could only finish with a 296. It must be said that this match was played on the infamous 1 and 2 alleys, so all the bowlers had an excuse.

Congratulations to CU!

FINAL FIRST-ROUND STANDINGS:

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Georgetown	18-1/2 - 13-1/2
St. Louis	17 - 15
St. Mary	15 - 17
Notre Dame	15 - 17
Holy Cross	14-1/2 - 17-1/2
Fordham	14 - 18
Boston College	13 - 19

Youth Wrestling Sign-Ups Slated For November 16th

Sign-ups for youth wrestling (grades four through eight) will be held on Thursday, November 16th, from 6:30 to 8:30 p.m. They will take place at the Sacred Heart Recreation Center, Springfield Street, Feeding Hills

For further information, call Daniel Sullivan, 786-6265.

AHS's Freshman Girls' Soccer Team



BACK ROW: Amanda Janik, Ashley Smith, Katherine Bitzas, Victoria Urrea, Adrienne Brodowski, Lina Moysis, Jennat Sekkal, and Coach Laurie Picard. FRONT ROW: Kristen Ott, Emily Sussman, Beth Loughman, Joanne Brignoli, Amy Proulx, Cait Foley, Liz Leon, and Amy Lownds. Advertiser News photo by Dave Rollins.

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Annual Berkshire Power Golf Tourney A Huge Success

The sixth Annual Berkshire Power Golf Tournament, that benefits the Agawam High School Athletic Department, proved to be another fun and profitable event this year.

"On behalf of the student-athletes, coaches, and myself, I wish to thank Berkshire Power for their continued support of this event," said Kathleen E. McSweeney, Deputy Principal (former AD), Agawam High School. "Likewise, Ron Dunn and his staff at the Agawam Municipal Golf Course did another fantastic job of hosting the event," she said.

"For all six years of this event, the hole sponsors, raffle prize donators, golfers, and hard workers behind the scenes have made this event a terrific start-up to the school year. As Mr. Lou Conte takes over the reigns of Director of Athletics at Agawam High School," said Ms. McSweeney, "he will also become the organizer of this event in the future.

"I appreciate all of his help with this year's tournament and wish him the best of luck in the future. The success and generosity of all of those involved with the tournament leaves \$15,000 in the AHS Athletic Department Gift Account to be used at the discretion of our new AD.

"Once again," concluded Ms. McSweeney, "I wish to thank you for your support of our golf tournament, not only this year, but also over the last six years of this event."



DON WHEELER was the winner of the "closest to the pin" contest at the recently held Berkshire Power Golf Tournament.

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BERKSHIRE POWER PROJECT MANAGER FRANK BASILE (far right) with the winners of the open division of the recently held Berkshire Power Golf Tournament (from left to right): Bill Moran, Mike Ramance, Bob Moran, and Peter Egan.



FRANK BASILE (far right), Project Manager of Berkshire Power, congratulates the winners of the women's division of the Berkshire Power Golf Tournament (from left to right): Holly Florek, Sue Nealy, Judy McGeary, and Katie Maachi.

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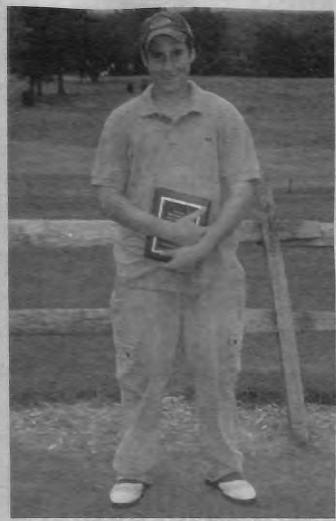


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Golf Tourney Raises Money For AHS's Student-Athletes





IN LEFT PHOTO: Alan Bishop, the winner of the "closest to the line" contest during the sixth Annual Berkshire Power Golf Tournament. IN RIGHT PHOTO: The winners of the tournament's mixed division (from left to right - AHS varsity golf Coach Bill L'Heureux, Adam D'Amario, Alan Bishop, and Holly Garvey) pose with Frank Basile (far right), Project Manager of Berkshire Power. This fundraiser recently took place at the Agawam Municipal Golf Course and was held for the benefit of the Agawam High School Athletic Department.

If you visit the Advertiser News' new office at 23 Southwick Street, Feeding Hills (above Remillard Insurance), please note that our main entrance is in the back. Please park on the side of the building and use the back entrance. Thank you....

Lauren

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Agawam Youth Football

Senior Warriors Win Bowl Game

The Agawam Senior Warriors traveled to Legion Field in Palmer for RODEO BOWL 2000. The selection process for invitation is determined on strength of schedule, sportsmanship, and referee game reports.

The Warriors were selected on the senior level and were paired up against the Palmer Cowboys. Both teams had identical records of 6-2 and had played some of the same teams. The game was played on Sunday, November 5th, with cold conditions.

The Warriors deferred and placed their leagueleading defense on the field. The Cowboys were able to move the ball effectively on their first possession.

Kyle Perry, Chris Keeley, Ryan Pellerin, and John Gibbons made some key stops. On a third and five situation, Coach Toto blitzed Andrew Wakelee and Mike Toto, who both sacked the Cowboy quarterback and forced Palmer to punt.

The Warrior offense took over deep in their own end after a super punt by Palmer. Running effectively behind the right side of the line of Bussiere, Bailey, and Ellsworth, the Warriors moved down the field. Chipping in with some great blocks were Ryan Pellerin and John Gibbons, who were used as lead blockers. QB Wakelee and the offense were able to use all of their weapons.

With an effective ground game, Wakelee was able to hit key short passes to Kyle Perry, Ryan McLain, and Ryan Pellerin. As has been a great play for the Warriors, they used the shotgun formation for Wakelee to hit Modzanowski for a score, putting the Warriors up, 6-0.

The Cowboys continued to have limited success against the strong Warrior defense. Erik deleifde, Joe McGeoghan, and Alex Gohn were all tough and would not allow Palmer to get to the outside.

In the second quarter, the Warriors were again moving the ball, but were faced with a third down and seven on the 40-yard line. Coach Bussiere then sent in a trap play that has worked well for the Warriors this season.

Center Zack Bussiere was pulled from his position. With Anthony Bailey crashing down hard on the nose guard, Bussiere laid a tremendous block on the defensive tackle from Palmer to spring FB Mike Toto for 16 yards and a Warrior first down.

On the next play, Wakelee rolled right and (with Ryan Pellerin out front and Kyle Perry slanting across the field) both players laid on essential blocks, allowing Wakelee to carry the ball to the six-yard line. The Warriors then went left behind Jeff Walker and Sean Johnson.

Kurt Scheibel carried it in for the Warrior score, and Wakelee made the conversion. The score was Agawam 14, Palmer 0 at the half.

The Warriors' special teams came to play and were led by Joe McDyer, Mike Theriault, Justin Pitoniak, and Keith Barrington, as they stopped Palmer from any gains on kick-off or punt returns.

The second half opened with the Warriors receiving the kick-off and promptly marched down the field. Wakelee hit an important pass to Perry for 30 yards. As the Warriors were threatening, they attempted a flea flicker play (which did not work) and Palmer intercepted the ball on the one-yard line.

Again, the Warrior defense would not give in, and Palmer found itself with a fourth down on its own three-yard line.

If you have dropped off any photos to our office for Boy Scout activities, church events, etc., please pick them up after they appear in The AAN... The Warriors sent the house on the punt attempt, and the Palmer punter panicked and dropped the ball for a safety (putting the Warriors up, 16-0). Palmer had to kick to Agawam, and the Warriors took over on the 50-yard line after a great run from Ryan McLane.

The offense - now being run by Kyle Perry - moved the ball down the field with great running from Justin Howe, Joe McDyer, and Mike Theriault. The up-front blocking was excellent from Anthony Verteramo, Anthony Bailey, and Keith Barrington.

The Warriors shocked Palmer with Perry hooking up with Alex Gohn on a picture perfect pass of thirty-five yards. The Warrior drive stalled and Palmer took over on downs.

The Agawam defense was again giving Palmer fits, with Mike Longhi, Jim Yelnick, Geno Santinello, Justin Pitoniak, and Chris Scuderi making great stops and pressuring the Palmer quarterback. On a busted play, the Palmer runningback was able to reverse direction and take the ball down the sideline for a score.

The conversion was good and Agawam led, 16-8. The Warriors took the kick off again; Ryan McLane returned the ball to the 50-yard line, placing Agawam in good field position.

The Warrior offense marched down the field. Running right seemed to be the choice of the day, as Palmer could not stop them. Wakelee carried it in for the score, and Toto carried the conversion to make it Warriors 24, Cowboys 8.

The Cowboys would not go down easy and kept trying to mount a comeback Curt Barker made a great tackle; anticipating the play, he met the Cowboy back just as he got the ball and dropped him for a loss.

Agawam took over on downs, and the offense (run by Kyle Perry) ran out the clock with short gains up the middle by Justin Howe and Joe McDyer.

Game stats: Wakelee ended with 70 yards rushing and 135 passing; Scheibel, 125 rushing; Toto, 75 rushing; Perry, 60 receiving and 85 passing; Mclane, 40 receiving, 60 return yards; Gohn, 35 receiving; Howe, 28 rushing; Theriault, 16 rushing; McDyer, 23 rushing; and Gibbons, 15 receiving. Co-players of the game were Kyle Perry and Andrew Wakelee.

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Jason Hanscom On Bridgewater Soccer Team

Agawam's Jason Hanscom has been named to the 2000 Bridgewater State College soccer team, which is currently coached by Justin Ceccarelli, in his first season at B.S.C. Bridgewater State was 6-9-2 in 1999.

Jason is a graduate of Agawam High School where he participated in soccer. He plays midfield for the Bears this season.

At Bridgewater State, Hanscom is a junior who is majoring in physical education. He is the son of Michael and Mary Sue Hanscom of Agawam.

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Dates To Remember From Agawam High

November 12th: AHS CHEERLEADERS to perform at Longmeadow High School, 11:00 a.m.

November 13th: WINTER SPORTS PHYSICALS, nurse's office, 8:00-10:30 a.m..

November 14th: BREAKFAST AT AHS sponsored by the senior class, 6:50-7:15 a.m.

November 15th: WINTER SPORTS PHYSICALS, nurse's office, 8:00-9:00 a.m.

November 16th: BREAKFAST AT AHS sponsored by the sophomore class, 6:50-7:15 p.m.; GREAT AMERICAN SMOKE-OUT sponsored by Peer Leadership; FALL ATHLETIC RECOGNITION NIGHT - main gym/cafeteria, 5:30 p.m.

November 17th: REPORT CARDS ISSUED.

November 19th: STATE CHEERLEADING TOUR-NAMENT at Franklin High School, Franklin, MA.

November 20th: AHS PARENTS NIGHT 7:00 p.m.

November 21st: BREAKFAST AT AHS sponsored by the senior class, 6:50-7:15 a.m.; ORANGE AND BROWN DAY - period 7 rally; JUNIOR-SENIOR POWDER PUFF FOOTBALL GAME, 2:00 p.m. \$1.00 players, \$2.00 in advance, \$3.00 at the door, FREE for under age 5; PIZZA PARTY for AHS football team, 5:00 to 6:00 p.m.; BONFIRE at AHS Athletic Field, 6:00 p.m.

November 22nd-24th: THANKSGIVING RE-

November 23rd: THANKSGIVING DAY FOOT-BALL GAME, AGAWAM VS. WEST SPRINGFIELD, 10:00 a.m., AWAY.

November 28th: BREAKFAST AT AHS sponsored by the senior class, 6:50-7:15 a.m.

November 29th: HEPATITIS B (2nd IMMUNIZATION FOR AHS SENIORS), nurse's office, 9:00 - 10:00 a m

November 30th: BREAKFAST AT AHS sponsored by the sophomore class, 6:50-7:15 a.m.



A Reminder
About Our
Thanksgiving
Week

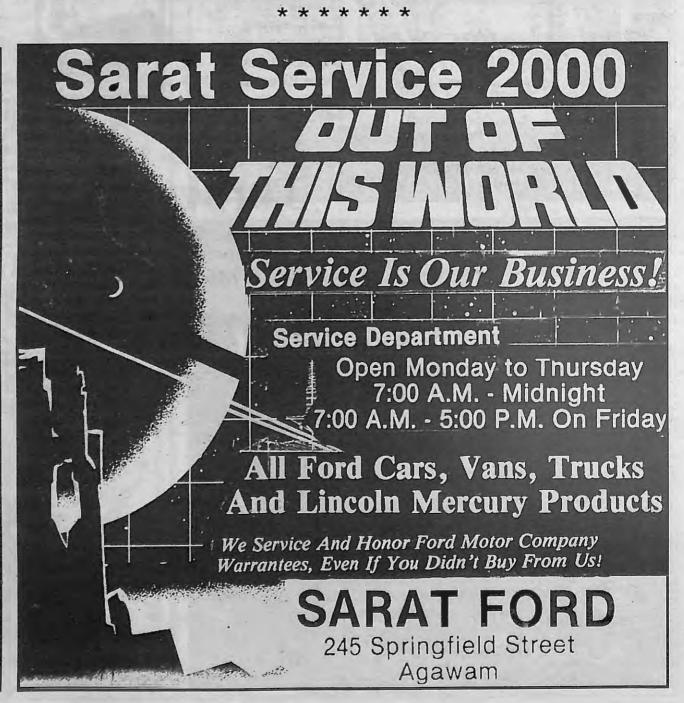
Edition ...

Please note that the deadline for articles, letters, ads, etc., for our Thanksgiving week edition (to be published Tuesday, November 21st) will be Friday, November 17th, at 5:00 p.m. We thank you for your cooperation in this matter ... AAN!!!

Agawam Soccer Association Standings

U-10 GIRLS	W	L	Т	P
Pelletier Red Rockets	10	0	1	31
Parent Orange Hurricanes	8	3	1	25
Marsh Green Ball Hogs	6	3	3	21
Gendon Blue Lightning	4	5	2	14
Tuohey Yellow Jackets	1	9	1	4
Scherpa Blue Flames	1	10	0	3
U-12 GIRLS	W	L	Т	Р
Wood Red Demons	10	0	2	32
Beroth Blue Angels	6	3	2	21
Prout Yellow Jackets	5	5	2	17
Brewster The Thunder	3	5	. 3	12
Pietroniro Warriors	0	9	2	2
U-17 (CO-ED)	W	L.	Т	Р
Comee's Kamakazee	6	3 16 2	e - Vid	19
Howe Green Hornets	5	3	1	16
Adams Blue Thunder	3	3	2	11
Francis Red	2	8	0	6
, *				

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice prior to your event. Thank you for your cooperation in this matter...



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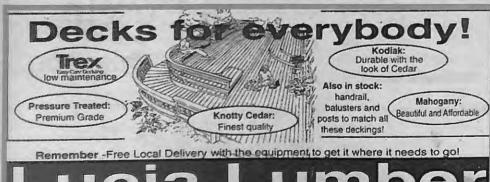
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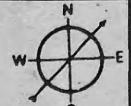


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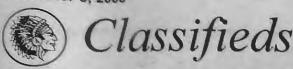
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\$14.99
\$7.99
\$7.99
\$5.99
\$19.99
\$27.99

GA	LLO
(750)

White Zinfandel 3 for \$7.99 VENUANGE

(750)White Zinfandel 3 for \$7.99

(1.5)White Zinfandel \$4.99

Alisa (Italy)

Pino Grigio (1.5) ------Merlo (1.5) -----All Delcato (1.5) -----Berringer (750) White Zinfandei 2 for \$7.99

COKE, SPRITE & DIET COKE

(Cans) \$5.99



CIGARETTE CARTON DEALS

NEWPORT	\$4.50 OFF	KOOL	\$3.50 OFF
Old Golds	\$5.50 OFF	SPORT	\$10.00 OFF
GPC	\$5.00 OFF	LIGGET	\$12.00 OFF
WINSTONS	\$4.50 OFF	DORALS	\$5.00 OFF
BASIC	\$4.50 OFF	CAMELS	\$4.50 OFF





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